

LINCOLN PARKS AND RECREATION

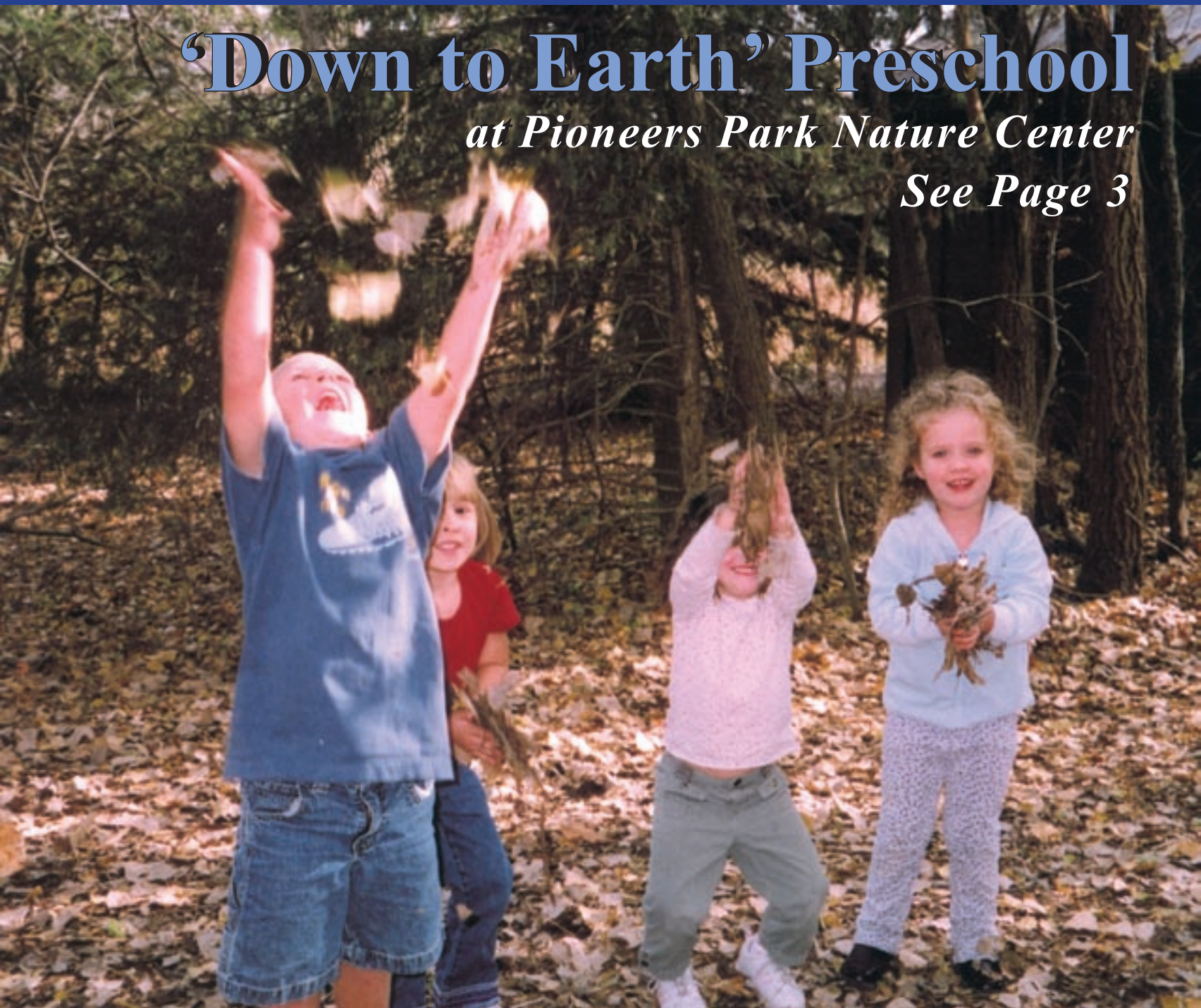
City COMPASS

Vol.V, No. II

January, February, March, April

2006

‘Down to Earth’ Preschool *at Pioneers Park Nature Center* *See Page 3*



IT'S AN ALL NEW Lincoln Parks and Recreation

Visit us online at: lincoln.ne.gov Keyword: Parks

City COMPASS

A Guide to Recreation in Lincoln

You Are Here ★
Your destination for fun...

Lincoln
Parks & Recreation

402-441-7847
lincoln.ne.gov Keyword: Parks

...and all points in between

Discover the wonders of Pioneers Park & Nature Center

Non-releasable Raptor Exhibits
Ponds, Prairies, Woodlands & Wetlands
Prairie, Herb, Bird & Butterfly Gardens
Animal & Hands-on Exhibits
Wildlife Sanctuary
Bison, Elk & Deer
Hiking Trails

Directions to Pioneers Park
3201 S. Coddington
From I-80 take exit 397 - Hwy 77 S
three miles to W Van Dorn. Go west one mile
to Coddington, then south one block.

402-441-7895
lincoln.ne.gov keyword: nature

Lincoln Municipal Golf It's Striking!

Highlands
5501 NW 12
402-441-6081

Holmes
3701 S 70
402-441-8960

Ager
3761 Normal
402-441-8963

Mahoney
7900 Adams
402-441-8969

Pioneers
3403 W. Van Dorn
402-441-8966

lincoln.ne.gov Keyword: golf

TABLE OF CONTENTS

Classes Guide	6
Facility Information/Rentals	7
Centers' Classes & Programs	
Park Teen Center	5
Ager Play Center	8
Air Park West	9
Auld Recreation Center	10
Belmont Recreation Center	11
Calvert Recreation Center	12
Easterday Recreation Center	13
"F" Street Recreation Center	14
Irving Recreation Center	16
Map	18
Supervised Play & Day Camps	20
Fitness & Gym Facilities.....	22
Shooting Range	24
Sports Program & Leagues	25
Community Forestry & Horticulture	26
Tennis.....	27
Golf Courses	27
Swimming Pools & Aquatics	28
Nature Center.....	29
Veteran's Garden.....	35



AmeriCorps/VISTA Need You

Lincoln Parks and Recreation is looking for applicants for the AmeriCorps and Vista Program.

- Monthly Living Allowance
- Education Award
- Health Insurance
- Deferment of Student Loans
- Childcare Allowance For Qualified



On-hands training
on programming and
working with children &
youth. Your chance to be
creative and work with
a team of members who
want to make a difference!

**For Information and
Application Materials
Contact:**

**441-4907, dbuckman@lincoln.ne.gov or
441-4900, kburklun@lincoln.ne.gov**

About The Cover: Nature Center Preschoolers Welcome Fall With Annual Countdown



seasonal visits to a favorite cottonwood tree, studying the natural symbols of Nebraska, watching a butterfly emerge and releasing it, and watching the release of a recovered raptor.

A large portion of each day is spent outdoors in almost any weather. These regular experiences of the beauty and diversity of the natural world lead to important lessons in environmental stewardship that will last a lifetime.

Parents support the program in numerous ways and join children during annual events such as a hayrack ride in Pioneers Park, planting the preschool butterfly garden and seasonal celebrations. Preschool graduates regularly return to visit a place that has become very special to them and their families.

The Nature Center Preschool was one of the first programs in this region to emphasize the importance of the natural world in early childhood education. It is dedicated to nurturing a sense of wonder, developing an appreciation of nature, cultivating conceptual understanding, integrating language, math and the arts, providing daily exercise, and fostering small motor skill development.

Children three to five years old are enrolled for the school year. Tuesday/Thursday and Wednesday/Friday, morning and afternoon sessions are available. Registrations open March 1st for 2006-07. Visits to the preschool are welcomed. SEE PAGE 33 FOR MORE INFORMATION.

Thanks, Lincoln, for supporting Lincoln Cares!

Launched in 2003, Lincoln Cares is a voluntary donation program that gives LES customers the opportunity to donate one dollar each month for special projects and programs of the City Parks and Recreation Department. The funds benefit everyone, by improving our parks system!

Lincoln Electric System (LES) automatic bank billing customers can also participate in Lincoln Cares. To sign up, LES customers who use automatic bank billing can call LES at 475-4211 or access the necessary authorization forms on its website, www.les.com.

Your donation will help fund these projects in 2006:

- Sherman Field Support Facilities & Entry Plaza
- Antelope Park Rose Garden Renovation
- Pioneers Park Nature Center Prairie Building Renovation and Expansion
- Green Team Youth Employment
- Parker's Pals Scholarships
- Swim Program Scholarships
- North 27th Street Trail Bridge Project
- Woods Park Shelter

Thank you, TierOne Bank Foundation and World's Foremost Bank (Cabela's VISA Operation), for providing a 50-cent match for every dollar contributed up to \$30,000 each.



LINCOLN CARES



WORLD'S FOREMOST BANK
LINCOLN, NEBRASKA



Call 441-8264 or Visit: lincoln.ne.gov keyword: cares

Please show you care. Just \$1 per month!

Parks & Recreation Boards & Councils

Community Forestry Board

Larry Anderson - Dist. 1
Glenda Peterson - Dist. 2
John Williams - Dist. 3
Rich Wiese - Dist. 4
Blake Edwards - At Large
Ed Caudill - At Large
Cindy Jeffrey - At Large
Sue Quambusch - ExOfficio
Roger Figard - ExOfficio
Steve Schwab - ExOfficio

Parks & Recreation Advisory Board

Sue Quambusch, Chair
Jonathan Cook
Rhea Gill
Georgia Glass
Karen Hand
Judge William Hastings
Jolanda Kuzma
Brennan Miller
Bob Ripley
Susan Larson Rodenburg
Dennis Scheer
Ray Stevens
Peter Woolman

Lincoln Pedestrian/Bicycle Advisory Committee

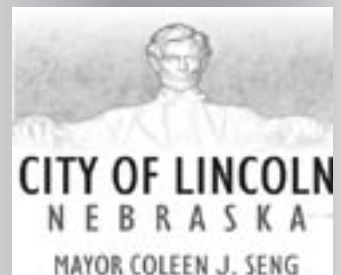
Neal Thomas, Chair
Jason Albers
Parks Coble
Rick Dockhorn
Lyle Hart
Elaine Hammer
Delrae Hirschman
Rich Rodenburg
Dalyce Ronnau
Jayne Snyder
Beth Thacker, Vice-Chair
Ken Vice

Veterans Memorial Garden Advisory Council

Keith Fickenschier, Chair
Bob Baldwin
Larry Brown
Moe Carlton
Dean Clawson
Beech Dale
Roger Drucker
Bill Haberman
Tom Morrissey
Ken Orr
Mabel Stamler

Lincoln Parks & Recreation Foundation

Mary Arth
Bob Baldwin
Bill Blake
Christie Dionisopoulos
Roger Dodson
Albert Hamersky
Sandra Hilsabeck
Jolanda Junge-Kuzma
Bob Northrup
Sue Quambusch
Bob Ripley
Mike Seacrest
Jerry Shorney
M.E. "Bus" Whitehead
Bill Woito
Clancy Woolman



For more information about these and other public boards or to find out how you could be a member of a board or council,

Visit:

lincoln.ne.gov

Keyword: Boards

PARK TEEN CENTER

Facility Rentals

Reserve Park Teen Center for your next birthday party, youth group meeting, social event or club. For additional information, please contact the center.



School Break Drop-In

Drop-in days offer young people the opportunity to socialize and have fun in a safe, positive, supervised environment and to constructively use time off from school. Participants are allowed to make use of all the facility has to offer: computer lab, pool tables, foosball, board games, video game systems, lounge areas and vending machines. Teen Center staff will also plan holiday-themed events, games, creative activities and competitions. Bring a lunch if you plan to stay all day! (No pre-registration required)

Grades: 6 - 8

Dates: 12/27-12/30, 1/3, 1/17, 3/20-3/24, 4/14, and Snow Days

9:00 am-5:00 pm \$1/day

Summer Memberships

Membership benefits include: free breakfast and lunch, organized recreation activities, a safe and fun place to hang out, swimming, field trips and unlimited access to special interest clubs and activities. Contact the Center for more information about how to become a summer member.

ADDRESS: 855 South 8th Street, Lincoln NE 68508

PHONE: (402) 441-9471 **EMAIL:** dpayzant@lincoln.ne.gov

HOURS: School days, 7:00 am - 5:00 pm; Closed on weekends

MAILING ADDRESS: 2740 A Street, Lincoln NE 68502

Reaching The Top Begins With A Journey!

Easterday Recreation Center

Adult Day Structure Programs

Adult Day Structure Programs are offered for adults with mental or physical health issues who meet the screening parameters and program guidelines. Adult Day Structure provides daytime support in a structured environment. Participants are encouraged to develop new skills and interests, make friends, explore the community, set goals and take life's hurdles head on.

Easterday Recreation Center
6130 Adams
Lincoln NE 68507

For More Information
Call 441-7901

OLDER ADULTS

Aerobics Plus

Page 10

Physical Fitness Assessment

Page 11

Yoga for your Type

Page 11

Striders Walking Club

Page 14

ADULTS

Fit at Heart

Page 9

Lincoln Boxing Club

Page 9

Aerobics Plus

Page 10

Ballroom Dance

Page 10

Ballroom Dance Lessons

Page 10

Digital Photography

Page 13

Ceramics

Page 12

Beginning Irish Social Dancing

Page 12

Swing Dancing

Page 13

Adult Day Structure

Page 13

Spanish

Page 14

Jujitsu

Page 14

Taekwondo

Page 14

Adult Cooking Class

Page 14

American Red Cross Classes

Page 14, 15

China Painting

Page 16

Shooting Sports

Open Shooting
Gun Handling for Women
Cowboy Action Shooting
Basic Pistol Marksmanship
Page 24

Sport Leagues

Softball
Volleyball
3 on 3 Basketball
Page 26

ADULTS Continued

Tennis Lessons/ Leagues

Page 27

Nature Hikes

Page 31

Sandhill Cranes Trip

Page 33

Basic Bird Identification

Page 33

YOUTH See Individual Class Description for Ages

Babysitter Training

Pages 11, 14

Teen Treks

Page 11

Hip Hop Kids Workshop

Page 12

Jewelry

Pages 12

Ceramics

Pages 12, 13

Jazz & Cheer

Page 13

Taekwondo

Page 14

Shooting Sports

BB Gun Classes/Programs

Sport Leagues & Programs

Volleyball
Roller Hockey
Soccer (futsal)
Pitch, Hit, Run
Jr. Olympic Skills
Hershey Track & Field
Page 25-26

Swim & Dive Teams

Page 28

Tennis Lessons/ Leagues

Page 27

Critter Tales

Page 32

SCOUTS

Nature Hikes

Page 33

Badgework/Activities

Page 12, 33

TODDLERS/ PRESCHOOLERS

See Class for Ages

Bits N Pieces

Page 8

Music N More

Page 8

Hop N Bop to Music

Pages 11, 12

Ballet

Pages 12, 13, 14

Jr. Jams

Page 12

Cook N Book

Page 16

Grandma's Pocket

Page 16

EVERYONE

Table Tennis

Page 11

Nature Hikes

Page 31

Full Moon Ramble

Page 31

Orion & Friends

Page 31

Primitive Pine Needle Basket

Page 31

Geology Day

Page 31

Reptile Care 101

Page 31

Tracking the Wild

Page 31

Bird Feeder Watch

Page 31

Beginning Astronomy

Page 35

Primitive Mat Making

Page 32

Keep Wilderness Beautiful

Page 32

Primitive Basket Making

Page 32

Bird Banding Demonstrations

Page 32

Mother's Day Breakfast & Birdwalk

Page 32

ADAPTIVE

Clubs, Classes, Programs

Page 10

CAMPS/PLAY

Before & After School

Pages 9, 13, 20

Jr. Counselors Program

Page 9

P.L.A.Y. Camp

Page 15

Kids Day Off

Page 20

Day Camps

Pages 17, 22, 23

Community Learning Centers

Page 20

Summer Playgrounds

Page 20

Language Camp

Page 21

Wilderness Nature Camp

Pages 29

Winter Survival Camp

Page 32

CSI: Nature Center

Pages 33, 34

SPECIAL EVENTS

Contra Dance

Pages 14, 15

China Painting Open House

Page 35

BB Gun Tournament

Page 24

Pepsi Major League

Baseball Pitch, Hit, & Run

Page 26

Arbor Day 2006

Page 26

Mother's Day Breakfast & Birdwalk at Pioneers Park

Page 32

Veterans Memorial

Garden Annual

Celebration

Page 35

Centers and Other Facilities



Easterday Recreation Center Meeting Room

Class Registrations

Call the program location to register for the classes or programs you are interested in. Class sizes are limited so register early. Payment is due at the first class meeting or on the first sport/program date, unless otherwise indicated. Cancellations will occur if there is an insufficient number of registrants.

Cancellations

The Department reserves the right to combine classes/programs as needed or cancel classes or programs due to insufficient enrollment. A full refund will be granted if the Department cancels the program.

Volunteering at Parks & Recreation

Would you like to volunteer at Parks and Recreation?

Whether for high school credit, community services or just because; Parks and Recreation welcomes volunteers. Applications are available at our Main Office at 2740 A Street or available on-line at lincoln.ne.gov keyword: forms. Once the application is returned to us it will be assigned to one of our Divisions or Districts and you will be contacted to set up a potential work schedule.

Although most facilities are accessible, please call ahead for accessibility needs

Rentals

Indoor Facilities: Indoor/Enclosed facilities available for rent are: Antelope, Bethany and Van Dorn Enclosed shelters; all Recreation Centers, the Malinovsky Auditorium at Pioneers Park and some Golf Course Clubhouses. Please call each location to find out more about their facilities, availability and rental rates. For more information about Indoor/Enclosed Shelter Rentals call (402) 441-8262 or visit: Lincoln.ne.gov Keyword: shelter or stop by 2740 A Street, the Lincoln Parks and Recreation Administration Offices for a reservation form.

Outdoor Facilities: Outdoor Picnic Shelters and Master Table locations are also available to rent. Planning a concert? Rent the Antelope Park Bandshell or the Pioneers Park's Pinewood Bowl.

Call 441-8262 for more information.

Wedding Locations: There are many park settings available to reserve for your wedding; Pioneers Park Columns, Hazel Abel Park, Stransky Park, Antelope Park Sunken Gardens, Iron Horse Park, Oak Lake Island, or the Rotary Gardens or Bandshell at Antelope Park. For more information visit: lincoln.ne.gov Keyword: weddings, or call 441-8262.

Refunds

Requests for refunds are subject to a \$15.00 service charge and must be made seven working days prior to the reservation date. **NOTE:** Rain, cold, heat, or bugs are not an automatic cause for a refund. However, each request/issue will be considered separately after a refund form has been completed.

Take The Fun Home With You

Rent picnic games and sports equipment from Parks and Recreation:

Bingo
Volleyball Sets
Softball Sets
Game parachute
Horseshoes
Bocce Ball & MORE
Rental fees are only \$4.00-\$10.00 per set for four days!



Easterday Center, 6130 Adams
Irving Center, 2010 Van Dorn

441-7901
441-7954



AGER PLAY CENTER
1300 S. 27th Street
441-6788

AGER PLAY CENTER
A Playspace For The
Smaller Child!

Licensed daycares and preschools contact:
Ager Play Center to arrange
your next play date.
Additional information
will be given at the
time of contact.

Ager Play Center Operating Hours

Sunday	1:00 pm - 5 pm
Monday	9:30 am - 5 pm
Tuesday	9:30 am - 5 pm
Wednesday	9:30 am - 7 pm
Thursday	9:30 am - 5 pm
Friday	9:30 am - 5 pm
Saturday	9:30 am - 5 pm

CENTER FEES & ADMISSION

Adults	\$1.75
Children	\$1.75
Children Under 1	FREE
Punch Cards	\$36/24 Punches
Socks (for the "sock less" child)	\$1.75

Children can slide, crawl, climb and play as hard as they like, fueled by their own curiosity and imagination. Children can explore the maze of tunnels, slides, and ball pits, or ride on a variety of riding toys. **For safety reasons children must be at least 3 years old and no taller than 4 ft. tall to play in the large maze structure.**

We have not forgotten those age 2 and under. We welcome you to bring them to our **Toddler Area**, where they can play almost like the "big" kids, on toys designed for their size and ability.

For children over 4 ft. tall we have a Lego® area, board games, and a reading area.

Socks must be worn by those who play.

No outside food or drinks may be brought in the building unless you have a party booked.

CLASSES AT AGER

Bits N Pieces

(3 - 5 yrs)

Each Meets: 4 Weeks

A class designed for pre-school children. Build social skills such as sharing, working together and cooperation while expressing themselves with a variety of materials.

Begins: 2/8, 3/8, 4/5

Wed 9:30-10:00 am \$15/person

Music N More

(9 mos. - 3 yrs.)

Each Meets: 4 Weeks

Little ones have been in an environment where they heard the rhythm of a beating heart for the first 9 months of their lives. What better time to introduce music into their lives and to interact with your child to help them gain an appreciation for something that will help their mental, physical, and psychological development.

Begins: 2/8, 3/8, 4/5, 5/3

Wed 9:30-10:00 am \$15/child

Begins: 2/10, 3/10, 4/7, 5/5

Fri 9:30-10:00 am \$15/child

(3 yrs - 5 yrs)

Music is essential in a child's life. This class lets kids express themselves thought music and movement as they transform minds and bodies into a world of rhythm and sounds. Class is designed for the child only. If your child would need your company consider the class above. Participants may attend once or twice a week. **Fee for attending twice a week is \$30.**

Ages: 3 - 5 yrs

Begins: 2/8, 3/8, 4/5, 5/3

Wed 10:15-10:45 am \$15/child

Begins: 2/10, 3/10, 4/7, 5/5

Fri 10:15-10:45 am \$15/child

A class fee discount is offered for additional children in same family.

Ager Play Center:

The Ager Play Center Party Place

After Hours Rental \$60/hour

Party Room \$20/hour

Refunds: Request for refunds are subject to a \$5.00 service charge. Refund request must be made 72 hours prior to the program date.

Bring in your own food and then leave the clean-up to us. **No pinatas or confetti.**

To request information or a day for a party room for a birthday party or play group contact us for availability.

Contact Us:

AGER PLAY CENTER

LOCATION ADDRESS: 1300 S. 27th Street

PHONE: (402) 441-6788 **EMAIL:** agerplaycenter@lincoln.ne.gov

MAILING ADDRESS: 2740 A Street, Lincoln NE 68502

100% KID-POWERED The place where play has purpose!

CLASSES FOR ADULTS

Fit at Heart

Aerobic Classes
~ Weight training
~ Step training
~ Aerobic training

Ages: 16 and Up **Each Meets:** 8 Weeks

Begins: Ongoing

Tue, Thu 6:30-7:30 pm \$35/person
Sat 9:00-10:00 am \$35/person

Lincoln Boxing Club

*No cost until sparring and competition. Focus is on fitness, discipline and excellence.

Call Cruz at 466-6103.

Ages: 8 - Adult **Each Meets:** Ongoing

Begins: Ongoing

Mon, Tue, Thu 6:30-8:00 pm *FREE



Air Park West Weight Room



Weight room includes
free weights, Nautilus
Style Machines, and
stationary bike.

Gym ***Free Drop-In**
Fitness **\$1/visit**
Punch Card **\$10/12 visits**

*Gym is also available for drop-in
basketball as well as walking or jogging.
(16 laps = 1 Mile)

CLASSES FOR YOUTH

Before and After School Recreation

Our credo is "stronger physically, stronger mentally, stronger character". Kids will spend time on fitness, academics, character and fun.

Before School

Grades: K-6 **Each Meets:** 4 Weeks

Begins: 1/11, 2/8, 3/8, 4/5

Mon-Fri 7:00-9:00 am \$72/child

After School

Grades: K-5 **Each Meets:** 4 Weeks

Begins: 1/11, 2/8, 3/8, 4/5

Mon-Fri 3:38-5:30 pm *\$78/child

*Includes snack

Kids Day Off

Many Non-School Days during the school year.

Before School

Grades: K-6 **Each Meets:** See schedule

Daily 7:00-5:30 pm \$13/child

Weekly \$65/child



Air Park West Learning Center

HEY! Our Learning Center provides
computer access and a library on Monday,
Tuesday and Thursday from 5:30 - 7:00 pm.
5th Graders and younger must be supervised
by an adult. Supervised by Center Staff



Top quality
Summer Day
Camp (K-6) &
Jr. Counselors
Program for
Grades 6 & Up

(Must interview, not all selected)

**Call Doug at
441-7876 for
registration or
questions.**

Did You
now?
DK

Air Park
Recreation
Center was the
gymnasium for
Lincoln Air Force
Base until
1966.

Contact Us:

AIR PARK WEST NEIGHBORHOOD CENTER

ADDRESS: 3720 NW 46th Street, Lincoln NE 68524

PHONE: (402) 441-7876 **EMAIL:** dkasperek@lincoln.ne.gov

HOURS: Monday, Tuesday, Thursday 11:30 am - 8:00 pm
Wednesday, Friday 11:30 am - 5:30 pm

PLEASE

Note

Reserve Auld
Recreation
Center for your
next meeting
or social event.

It's also a
perfect site for
your wedding.

For additional
information
call the Center

*Don't forget to
visit Veteran's
Memorial Gardens
next to Auld.
See ad on page 31*

WE SPECIALIZE
IN ADAPTIVE
PROGRAMS FOR
INDIVIDUALS
WITH SPECIAL
NEEDS!

Contact Us:

AULD RECREATION CENTER

ADDRESS: 1650 Memorial Drive, Lincoln NE 68502

PHONE: (402) 441-7877 **EMAIL:** kzingg@lincoln.ne.gov

HOURS: Monday - Friday 8:00 am - 4:30 pm

Weekends - Rentals only

MAILING ADDRESS: 2740 A Street, Lincoln NE 68502

CLASSES FOR ADULTS

Aerobics Plus

A low impact workout aimed at improving your cardiovascular conditioning as well as toning and strengthening your muscles. Class includes warm-up, 20-30 minutes of aerobics and strengthening, and ends with muscle stretches. Class runs year-round. *Punchcards for 11 classes (expires after 2 months), for 35 classes (expires after 6 months).

Ages: Adults	Meets: Year-round
Mon/Wed/Fri	9:00 - 10:00 am
55 & Older	11 class punchcard - \$27.50
	35 class punchcard - \$70
Under 55	11 class punchcard - \$32.50
	35 class punchcard - \$75
Drop in	\$3.00

Ballroom Dance

Dances are held every Tuesday at Auld Recreation Center in Antelope Park. Live music provided. Admission is free.

Ages: 55 & Older	Meets: Year-round
Tue	7:00-9:30 pm FREE

Ballroom Dance Lessons

Learn ballroom dance in a historic dance facility with the perfect ballroom dance wood floor. Instruction in waltz, fox-trot, swing, and polka. Instructors are Don & Polly Andersen.

Ages: 18 & Older	Meets: 6 Weeks
Begins: 2/3	
Fri	7:00-8:30 pm \$60/couple

Interested in Special Olympics

Lincoln Parks and Recreation sponsors the Lincoln Shooting Stars team with competition in: bowling, swimming, basketball, track & field, and bocce. Most of the athletes on the Shooting Stars team are adults who are no longer in school.

For More Information Call: 441-7877

ADAPTIVE RECREATION

Fun Club

Varied recreational and social activities with additional fees for some activities plus \$1/month dues. Schedule for club programs available 1/24. *Door to door transportation is available for \$39.

Ages: Grade School	Meets: 13 Weeks
Begins: 1/24	
Tue	5:00-6:20 pm *\$13/person

Friendship Club

Varied recreational and social activities with additional fees for some activities plus \$1/month dues. Schedule for club programs available 1/26. *Door to door transportation is available for \$39.

Ages: 21-35 yrs	Meets: 13 Weeks
Begins: 1/26	
Thu	7:30-9:00 pm *\$13/person

Hi-Time Club

Varied recreational and social activities with additional fees for some activities plus \$1/month dues. Schedule for club programs available 1/23. *Door to door transportation is available for \$39.

Ages: Jr/High School	Meets: 13 Weeks
Begins: 1/23	
Mon	7:00-8:30 pm *\$13/person

Social Club

Varied recreational and social activities with additional fees for some activities plus \$1/month dues. Schedule for club programs available 1/25. *Door to door transportation is available for \$39.

Ages: 35 & Older	Meets: 13 Weeks
Begins: 1/25	
Wed	7:30-9:00 pm *\$13/person

Recreational Bowling

Held at Champions Fun Center at 15th & Cornhusker Hwy. New participants should call Auld Center at 441-7877 to register and for further information.

Ages: 17 & Older	Meets: Year-round
Fri	4:00-5:30 pm \$2/game

Co-ed Bowling League

Teams bowl three games each week following regulation league rules and handicaps. Trophies will be awarded. Pre-registration required. Held at Hollywood Bowl.

Ages: 17 & Older	Meets: 10 Weeks
Begins: 3/4	
Sat	2:00-4:30 pm \$5.25/week

Holiday Ceramics

Paint 1-3 pieces with the assistance of instructors.
*Includes project supplies fee

Ages: 17 & Older		Meets
Sat 1/21, 4/1	9:30-10:45 am	2 wks
Sat 1/21, 4/1	11am-12:15 pm	2 wks
Sat 2/4, 3/4, 4/22	9:30-10:45 am	4 wks
Sat 2/4, 3/4, 4/22	11am-12:15 pm	4 wks
Fees: *\$13.50/2 wks	*\$25.00/4 wks	

CLASSES FOR ADULTS

Physical Fitness Assessment

A series of simple tests are used to measure your flexibility, balance and strength. Co-Sponsored by Lincoln Parks & Recreation Aging Services.

Call 441-7575 to register.

Ages: 60 & Older **Meets:** Once

Begins: 5/24

Wed 10 am-1:00 pm \$15/person

Yoga for Your Type

In this workshop-type setting you will learn which personal practice is best for you. Please bring a pillow, a blanket and a towel.

Call 441-7575 to register.

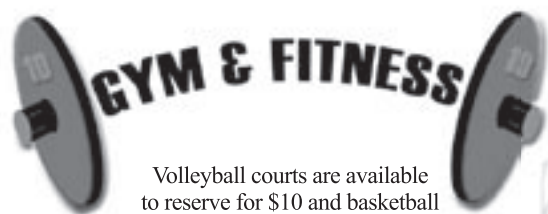
Ages: 60 & Older

Begins: 1/5 **Meets:** 8 Weeks

Thu 10:00-11:30 am \$45/person

Begins: 3/2 **Meets:** 5 Weeks

Thu 10:00-11:30 am \$45/person



Volleyball courts are available to reserve for \$10 and basketball courts are \$8 per 1/2 court for one 55 minute time block, per team, per week. Weekly reservations are taken beginning each Wednesday at 9:00 am for the following week.

Basketball Saturdays 1 - 4:40 pm
Volleyball Sundays 1- 4:40 pm

Weight & Fitness Equipment

Universal Fit Step Stair Climbers; Concept II Rowing Machines, Schwinn Air-Dyne Bikes, Nordic Track, Sports Art Treadmill, Universal Weight Machine.

Track

Belmont has an elevated track which is available to use from 7 am - 8 pm. Fee required.

Fees

Track: \$1.75/Day \$15/Month

Weights: \$1.75/Day \$15/Month

Track/Fitness/Weights: \$3.50/Day

\$35/Mo. or \$200/Year/Per Person

\$50/Mo. or \$300/Year/Per Family

500 Mile Club

Get the family together at Belmont to get fit. Complete 500 miles of walking, jogging, bicycling, stair stepping, rowing or any combination during a 12 month period at the Belmont Recreation Center and receive a program T-shirt. Record keeping cards available at the front desk.

CLASSES FOR YOUTH

Red Cross Babysitter Training

A leadership based course for 11-15 years of age. Skills include handling emergencies, age appropriate games and more.

Ages: 11-15 yrs **Meets:** Once

Begins: 2/18, 3/18, 4/15

Sat 9:00 am-1:00 pm \$30/person

Teen

Treks

Just for Middle-Schoolers, features different activities and trips from the areas of sports, leisure, art, music, dance and theatre.

Middle School Ages **Meets:** Monthly

Schedule of Events:

January 21 3 on 3 Basketball at Belmont Rec.

February 18 5 on 5 Basketball at Belmont Rec.

March 17 "Boys of the Lough" at Lied Center

April 7 Hot Shops Art Gallery in Omaha

Remember to bring your school ID or report card to every event.

Hop 'n Bop to Music

Hop 'n Bop Music is fun for boys and girls who are 2 - 5 years old. We do a variety of songs that are FUN, and age appropriate. An adult must stay for the duration of the class. Call Lorraine Haupt, 438-2393.

Ages: 2 - 5 yrs **Meets:** 4 Weeks

Begins: *1/5, 2/2, 3/2, 4/6, 5/4

Thu 9:15-10:00 am \$19/person

*January class meets for 3 weeks and is \$14.25

Table Tennis Tournament

Payments due with entry. Sanction and non-sanctioned play, singles, doubles, prizes. For eligibility, equipment, registration and more information call Matt at 489-7365 or Jarry at (402)665-5681 or Belmont Center 441-6789.

Events range from \$5 - \$10

Tournament Date:

Sunday, January 15, 2006

Entry Deadline: January 8



Weekends

Free!

Saturdays and Sundays from 1:00 to 5:00 pm at Belmont is open to all ages, and it's *FREE of charge.
*Sorry, but the gym might not be available

FUN FOR ALL

Table Tennis Challenge

Players of all ability levels are encouraged to join. Handicaps are used to even out play. You may use Parks & Rec. equipment. Sandpaper paddles are not allowed. Everyone may compete in singles and doubles competition. The number of divisions will depend on the number of participants. Elementary kids must be accompanied by an adult.

Ages: All

Begins: 1/8

Sun 5 - 10:00 pm

\$30/person/13 weeks

\$3/person/night

Contact Us:

BELMONT RECREATION CENTER

ADDRESS: 1234 Judson Street, Lincoln NE 68521

PHONE: (402) 441-6789 **EMAIL:** jgerlach@lincoln.ne.gov

HOURS: Monday - Thursday 9:00 am - 8:00 pm

| Friday 9:00 am - 5:30 pm | Saturday & Sunday 1:00 - 5:00 pm

More... Cool Classes at Calvert

Hip Hop Kid's Workshop

Learn the latest dance steps. It's fun and easy. No dance experience needed. Wear athletic shoes, comfortable clothes. Bring a water bottle.

Tuesday, January 31

(5-9 yrs) 6-6:45 pm
(10-13 yrs) 6:45-7:30 pm
\$13/person

Youth Ceramics

Participants learn to paint or glaze ceramics. Monthly projects: Jan-winter, Feb-Valentines, Mar-Easter, Apr-Spring

Ages: 6-12 yrs
\$16/person

Begins: 1/9, 2/6, 3/6, 4/3

Meets: Twice

Mon 3:30 - 5:00 pm
\$20/person

Lots of Activities & Field Trips!
K - 4 &
Middle School
Day Camp &
Kids Day Off
See Page 20

CLASSES FOR ADULTS

Ceramics

Learn the basics, cleaning greenware, glazing, staining, lustering, dry brushing and decals. Fee includes firing fee. Participants purchase their own supplies. Minimum start up cost is approximately \$20.

Ages: 18 & Older **Meets:** 2-4 Weeks

Begins: 1/23, 2/6, 3/6, 4/3, 5/1

Mon 6:30-8:30 pm \$18-24/person

Beginning Irish Social Dancing

Learn beginning Irish steps and dances. Will include Irish squares and figures. Class is both fun and aerobic. Wear comfortable clothes and shoes. Call LuAnne at 475-8673 for information call Calvert to register.

Ages: 10 thru Adult **Meets:** 6 Weeks

Begins: 1/26, 3/23

Thu 6:15-7:15 pm \$18/person



CLASSES FOR KIDS

Ballet One

Learn basic positions and movements. Work on balance & coordination. Ballet slippers recommended.

Ages: 3 1/2 - 5 yrs

Begins: 1/21

Meets: 8 Weeks

Sat 9-9:30 am or 9:45-10:15 am \$18/person

Begins: 3/25

Meets: 6 Weeks

Sat 9-9:30 am or 9:45-10:15 am \$14/person

Ballet Two

A continuation of Ballet One with added movements and skill development.

Begins: 1/21

Meets: 8 Weeks

Sat 10:30-11:00 am \$18/person

Begins: 3/25

Meets: 6 Weeks

Sat 10:30-11:00 am \$14/person

Jr. Jams

Jam with your child to some great music! This interactive class consists of movement activities and simple dance moves for you and your child.

Ages: 1 1/2 - 4 yrs plus adult

Begins: 2/1

Meets: 8 Weeks

Wed 10:00-10:30 am \$16/pair

Hop 'n Bop to Music

We do a variety of songs that are FUN, and age appropriate. Develop large and fine motor skills, creativity and imagination. An adult must stay for the duration of the class. Call Lorraine Haupt, 438-2393 to register.

Ages: 2 - 5 yrs

Each Meets: 4 Weeks

Begins: 1/6, 2/3, 3/3, 4/7, 5/5

Fri 9:45-10:30 am \$19/person

*January class meets for 3 weeks and is \$14.25

Scout Badges

Non-Scouts also welcome.

Troop Leaders call to arrange a class with the instructor.

Supplies included. Class completion qualifies for a badge.

Ceramics & Clay

Meets: Twice \$12/person

Jewelry

Meets: Once \$11/person



Gym Reservations

All reservation times are 55 minutes long.

Basketball

Mon/Thu 5:00 pm

Tue 5:00, 5:55, 6:55 pm

Sat 1:00, 1:55, 2:50, 3:45 pm

Volleyball

Wed 5:00 pm

Sun 1:00, 1:55, 2:50, 3:45 pm

Walk Laps In Our Gym

Mon - Fri 8:15 am - 2:45 pm FREE

Contact Us:

CALVERT RECREATION CENTER

ADDRESS: 4500 Stockwell Street, Lincoln NE 68506

PHONE: (402) 441-8480 **EMAIL:** rjones@lincoln.ne.gov

HOURS: Monday - Thursday 8:00 - 8:00 | Friday 8 am - 6 pm

| Saturday 9:00 am - 5:00 pm | Sunday 1:00 - 5:00 pm

MAILING ADDRESS: 2740 A Street, Lincoln NE 68502

CLASSES FOR ADULTS

Ceramics

Learn ceramics basics, greenware cleaning, glazing, straining, lustering, dry brushing, and use of decals. Fee includes firing. Participants purchase supplies.

Ages: 18 & Older

Begins: 1/4, 2/1, 4/5 **Meets:** 4 Weeks

Wed 9:30 - 11:30 am \$24/person

Begins: 3/1 **Meets:** 5 Weeks

Wed 9:30 - 11:30 am \$30/person

Swing Dance

Couples will learn a variety of country and swing dances. Music includes country & big band sounds. Instructors: The Doedens. Fee is per couple.

Ages: 18 & Older

Begins: 1/10 **Meets:** 8 Weeks

Tue 6:30 - 7:30 pm \$60/couple

Digital Photography

Class will include understanding your digital camera, techniques, & composition. Bring your camera.

Ages: 18 & Older **Meets:** 4 Weeks

Begins: 3/1

Wed 7:00-8:30 pm \$18/person



Weight Room:

Our "NEW" Cage System Weight Training package

offers a combo of training option to satisfy a lifter with lofty goals! System includes: Smith Linear System, Upper & Lower Cable System, Pec Dec Station, Multi-Position Benches, Preacher curl, Leg Extension/Leg Curl, and more. In addition, Free Weights and a Recumbent Bike.

Mon-Thu 8 am - 8:45 pm | Adults 15 & Up

Fri 8 am - 5:45 pm | Adults 15 & Up

\$1 a day or \$10 for a 12 day punch card

Gym:

Mon-Fri 9 am - 2:30 pm Adults \$1/day
(Call in advance for class/group reservation or usage schedule)

Gym Reservations:

55 minute court reservations taken each Wed. at 9 am for the following week.

Tue - Thu 5:45 - 6:40 pm, 6:45 - 7:40 pm, and 7:45 - 8:40 pm

\$10 per court reservation

CLASSES FOR KIDS

Ballet One

Class members will learn basic ballet steps as they work on balance, movement to music, and coordination. (Ballet slippers, comfortable clothing or ballet attire recommended.)

Ages: 3 1/2 - 5 yrs

Meets: 8 Weeks

Begins: 1/7, 3/11

Sat 11:15 am - Noon \$18/person

Ballet Two

A continuation of Ballet One with added movements and skill development.

Begins: 1/17, 3/11 **Meets:** 8 Weeks

Sat 10:15-11:00 am \$18/person

Begins: 3/25 **Meets:** 6 Weeks

Sat 10:30-11:00 am \$14/person

Jazz & Cheer

Class members will learn basic jazz steps & cheerleading moves and techniques while working on balance, movement, and coordination. (Comfortable clothing & athletic shoes recommended)

Ages: 5 - 9 yrs **Meets:** 8 Weeks

Begins: 1/7, 3/11

Sat 9:00 - 10:00 am \$24/person

AFTER SCHOOL PROGRAMS WORK!

Grades K - 5!

After School Recreation programs offer your son or daughter a ton of fun, safe and supervised activities.

Come see how After School programs can work for you.

For more information see page 20.



Adult Day Structure Programs

(for adults with mental health or physical/medical challenges)

Each program offers daytime structure, skill acquisition, socialization opportunities, and community outings.

Set Goals, Develop New Skills & Interests, Take on a Hurdle, Explore Your Community!
SEE OUR AD ON PAGE 5

COME VISIT
EASTERDAY IN
THE HEART OF
NORTHEAST
LINCOLN.

We've got
a lot to offer!

Contact Us:

EASTERDAY RECREATION CENTER

ADDRESS: 6130 Adams Street, Lincoln NE 68507

PHONE: (402) 441-7901 **EMAIL:** cmeyerhoff@lincoln.ne.gov

HOURS: Monday - Thursday 8:00 am - 8:45 pm

| Friday 8:00 am - 5:45 pm | Saturday & Sunday CLOSED

MAILING ADDRESS: 2740 A Street, Lincoln NE 68502

"F" Street The Center of Choice

CONTRA DANCE A Community Infusion!

Come learn the history and the basic moves of this fascinating social dance.

See Ad On
Page 15

LAKOTA &
OMAHA
LANGUAGE and
CULTURE AT
"F" STREET

Lakota - Tuesdays
6:30-8:30 pm
Omaha - Sundays
2:00 - 4:00 pm

FREE!

CLASSES FOR ADULTS

Striders Walking Club

What is the best exercise you can do? Walking! Walk one or two days. Great exercise, great fellowship.

Ages: 55 & Older

Begins: Ongoing **ea. quarter**
Wed/Thu 9:00-10:30 am \$15/person

Beginning Spanish

The focus of this class is to teach the beginner. Workbooks required, purchase for \$18.

Meets: 8 Weeks **Begins:** 1/18

Wed 5:45-7:15 pm \$36/person

Intermediate Spanish

A follow-up to Beginning Spanish. Expand your conversational and writing skills. Workbooks required, purchase for \$18.

Meets: 8 Weeks **Begins:** 1/18

Wed 7:15-8:45 pm \$36/person

Jujitsu

Jujitsu combines elements of various hand-to-hand arts from around the world. This class must be taken in coordination with Taekwondo each week.

Ages: Adults **Meets:** 8 Weeks

Begins: 1/17, 3/14

Tue 6:45-7:45 pm \$24/person

Taekwondo

Koreas art of self-defense. Strikes, form, sparring, self-defense, grappling, board breaks, weaponry & philosophy. Develop rigid self-discipline, technique, flexibility and self-confidence throughout training.

Ages: Adults **Meets:** 8 Weeks

Begins: 1/17, 1/19, 3/14, 3/16

Tue/Thu 7:45-8:45 pm \$24/person

Adult Cooking Class

Participants will learn to make a variety of hot and cold Hors D'oeuvres. *an additional supply fee of \$20 required.

Ages: Adults **Meets:** 4 Weeks

Tue 1/24 1:00-2:30 pm \$18/person*

Tue 2/28 6:00-7:30 pm \$18/person*

Cards/Games for Older Adults

Pitch	Pinochle	Choir	Billiards
Mon/Wed	Fri	Mon	Mon-Fri
8 am-3 pm	8 am-3 pm	9-10:30 am	8 am-3 pm

CLASSES FOR KIDS

Ballet

Basic ballet steps, balance and coordination. It's recommended that participants wear ballet slippers.

Ages: 3 1/2 - 5 yrs **Meets:** 8 Weeks

Begins: 1/21, 3/25

Sat 10:30-11:15 pm \$18/person

Ages: 5 - 9 yrs **Meets:** 8 Weeks

Sat 11:30-12:15 pm \$18/person

Red Cross Babysitter Training

A leadership based course for 11-15 years of age. Skills include handling emergencies, age appropriate games and more. Offered free through a Community Health Endowment Grant targeting low income.

Ages: 11-15 yrs **Meets:** Once

Begins: 1/14*

Sat 9:30am-4:30 pm FREE

Begins: 3/20

Mon 1:00-5:00 pm FREE

***BRING A SACK LUNCH**

Taekwondo

Focuses on self-defense through stretching, accuracy, cardiovascular training. Provides a sense of honor, integrity and respect for elders/superiors, perseverance, and self-control.

Ages: 5-12 yrs **Meets:** 8 Weeks

Begins: (Beginning Taekwondo) 1/29, 4/2

Sun 3:00-4:00 pm \$24/person

Begins: (Intermediate Taekwondo) 1/29, 4/2

Sun 2:00-3:00 pm \$24/person

GYM & FITNESS

Volleyball Reservations

Fri 6 - 9 pm | Sat 3 - 5 pm

55 minute volleyball court
reservations are taken each Wed. at
9 am for the following week.

\$10 per court.

Adult Basketball Hours

\$1 a day

Mon-Fri 8am - 3 pm | Mon-Thu 5 - 7 pm

Sat 9:00 am - 1:00 pm,

Sun 2 - 4:00 pm

Weight & Fitness Equipment:

Free weights, treadmill, stair climbers, exercise bikes, elliptical machines.

Track:

Elevated track available

M - F 8am-8:45pm | Sa 9am-4:45pm | Su 1-5:45 pm

Use the track or weights for \$1.75 a day or for \$3.50 use both. Monthly Passes are \$17.50 for either or \$35 for both. An Annual Pass costs \$200 a person or \$300 for families.

Showers & lockers on site, bring your own towel and lock.

Contact Us:

"F" STREET COMMUNITY CENTER

ADDRESS: 1225 F Street, Lincoln NE 68508

PHONE:(402) 441-7951 **EMAIL:** dskorupa@lincoln.ne.gov

HOURS: Monday - Friday 8:00 am - 9:00 pm

Saturday 9:00 am - 5:00 pm | Sunday 1:00 - 6:00 pm

P.L.A.Y. CAMP 2006

Positive Learning Activities for Youth for kids who have COMPLETED K-5th grade.

Develop confidence, teamwork and sportsmanship while maintaining academic skills through educational activities, games, sports, crafts and field trips. Character Counts will be a key component of P.L.A.Y. Camp. Weekly fee includes all activities and an afternoon snack. Free breakfast and lunch provided.

**June 12 - August 18
Monday - Friday**

Location:

F Street Community Center
1225 F Street
441-7951

Registration requires payment for the first week.

Registration is limited. Weekly payment due by 5:00 pm on Tuesday of the prior week. We mail confirmation, program information, total fee due, and payment schedule after processing.

Weekly Base Fee:

9:00 am - 3:00 pm \$55.00/per child
7:30 - 9:00 am extension \$ 5.00/per child
Free Elementary Drop-In Hours begin at 3:00 pm

Registration Deposit:

Registration requires a \$10 per child, per week, nonrefundable deposit. Registration is limited. Deposit is required for all families. Registration confirmation, program information, total fee due, and payment schedule will be mailed after processing.

Payment Schedule:

Balance due as follows:
Week 1-due time of registration Week 6-due Tuesday, July 11
Week 2-due Tuesday, June 13 Week 7-due Tuesday, July 18
Week 3-due Tuesday, June 20 Week 8-due Tuesday, July 25
Week 4-due Tuesday, June 27 Week 9-due Tuesday, Aug 1
Week 5-due Monday, July 3 Week 10-due Tuesday, Aug 8

Payment Information:

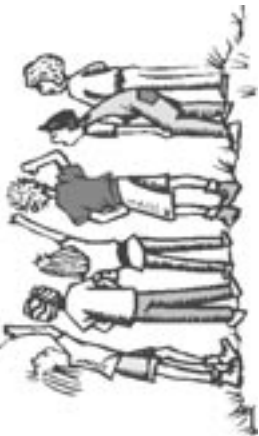
Mail or bring payment to:

"F" Street Community Center
1225 F Street
Lincoln NE 68508

Discounts Available:

If two or more children from the same family are enrolling the first is full fee and the rest will have a \$5 discount off the base fee. We also have a Sliding Fee Rate available. Title XX is accepted.

Lincoln Parks and Recreation



Registration begins January 16, 2006

Registration is limited. Waiting lists will be maintained.

Register for only the weeks and times you want!

"F" Street P.L.A.Y. CAMP 2006 Registration

Participant's Name	Grade Completed	Birthdate
Address		
Parent's Name	Home Phone #	
Day Phone #	(Name of Parent at Day Phone #)	
Another person to contact in case of emergency		
Phone #		

Make checks payable to:

Lincoln Parks & Recreation

Return to: "F" St. Community Center

1225 F Street

Lincoln NE 68508

NOTE: Include the \$10 per child, per week nonrefundable deposit with registration.

*Camp is not held on Tuesday, July 4.

T-Shirt Size: Youth Med. Youth Large Adult Med. Adult Large

Amount Enclosed: Check # Receipt #

Waiver and Release of All Claims: For and in consideration, the undersigned parent(s) or guardian(s) of the participant in the Recreation PLAY Camp Program, I/We recognize and acknowledge that there are certain risks of physical injury and I/We agree to assume the full risk of any injuries, including death, or loss which the undersigned or my minor child/ward may sustain as a result of participating in any and all activities connected with or associated with such program. I/We do hereby declare that I/We waive all claims of whatsoever kind or nature against the City of Lincoln and the Parks and Recreation Department, its officials, officers, agents, employees and volunteers from any and all claims arising from injuries, including death, damage or loss which I/We or my minor child or ward may incur or may accrue to me or my minor child or ward on account of participation in the activities of this program. I/We further agree to indemnify and hold harmless and defend the City of Lincoln and the Parks and Recreation Department, its officials, officers, agents, employees and volunteers from any and all claims resulting from injuries, including death, damages and losses sustained by the undersigned or my minor child or ward or arising out of this program. I/We have read and understand the above Waiver and Release of All Claims and understand the effect of the relinquishment.

Name Relationship Date

Name Relationship Date

ADULT RED CROSS CLASSES

American Red Cross Classes at "F" St. are offered free of charge through a Community Health Endowment Grant targeting low income individuals. Classes will cover: recognizing emergencies, recognizing and caring for breathing and cardiac emergencies, heart disease prevention, injury prevention, treating sudden illnesses, poisonings, exposure to heat and cold, first aid for cuts, scrapes, bruises, burns, bleeding, bone, joint, and muscle injuries, and basic disease transmission prevention.

ECC2000 updated. Meets OSHA Guidelines for First Aid.

Adult CPR/AED, Infant/Child CPR

Begins: 3/25* Meets: Once
Sat 9:30 am-4:30 pm FREE

Adult CPR/AED

Begins: 1/19, 2/16 Meets: Once
Thu 5:30-9:30 pm FREE

Infant/Child CPR

Begins: Mon 1/23 Meets: Once
Thu 2/23 5:30-9:30 pm FREE

First Aid

Begins: 1/26, 3/2 Meets: Once
Thu 5:30-9:30 pm FREE

Adult CPR/AED & First Aid

Begins: 2/11*, 3/25* Meets: Once
Sat 9:30 am-4:30 pm FREE

*BRING A SACK LUNCH

CONTRA DANCE

A Community Infusion...

January 18 & March 22
6:30 - 8:00 pm
8 Weeks
\$36.00

Learn Contra basics, its fascinating history and the networking that goes on. All ages welcome but children under 12 must be accompanied by an adult. Taught by Pat Stear who has danced, performed or taught in 22 cities and three countries.

Call 441-7951 to Register

It's at Irving!

Evenings & Weekends Free!

4:30 - 8:00 pm
Mondays through Thursdays and
1:00 - 5:00 pm on Saturdays, Irving is open to all ages FREE of charge. On Saturdays, one court in the gym is open for those 18 and younger.

Equipment Rentals

See page 7 for details.



Lots of Activities & Field Trips!
K - 4 and Middle School Day Camp & Kids Day Off
See Page 20

Contact Us:

IRVING RECREATION CENTER

ADDRESS: 2010 Van Dorn, Lincoln NE 68502

PHONE: (402) 441-7954 **EMAIL:** bbeaver@lincoln.ne.gov

HOURS: Monday - Thursday 9:00 am - 8:00 pm

| Friday 9 am - 5:00 pm | Saturday 1-5:00 pm | Sunday Closed

MAILING ADDRESS: 2740 A Street, Lincoln NE 68502

CLASSES FOR ADULTS

China Painting

A class for amateurs and experienced painters alike. Each session has different featured projects. Students may also work on a project of their own choosing. Session starting on January 18 will focus on baby roses on nightlights, tissue boxes, and dresser trays. The March session will focus on daffodils, crocus, hyacinths, and kittens. The April session will focus on dresden (little German wildflowers) on trays and pitchers with bright gold borders.

Ages: 18 & Older **Meets:** 5 Weeks

Begins: 1/18, 3/1, 4/12

Wed 12:30-2:30 pm *\$30/person
or 7:00 - 9:00 pm



China Painting Open House

The Irving Recreation Center China Painters are proud to be hosting their annual Open House on Sunday, May 7. The painters will demonstrate techniques, give facility tours, and show you their magnificent pieces of art. Coffee and cookies will be served. Everyone is welcome.

Sunday, May 7

1:00 - 4:00 pm



Irving School/Center Gym

CLASSES FOR KIDS

Cook N Book



Cooking activities will bring to life the thrill of reading. Preschoolers have the opportunity to learn basic cooking skills and have fun

at the same time. Each class features an exciting storybook centered activity.

Ages: 3 1/2 - 7 yrs **Meets:** 4 Weeks

Begins: 1/21, 2/18, 3/18, 4/15

Sat 11:00 am - Noon \$12/person

Grandma's Pocket

Activities include free play, learning to count, coloring, simple crafts, sidewalk chalk, blowing bubbles, playing in the park, using playdough, and snack time. This program offers play activities for you and your child and encourages your child to interact with other children. Parents are expected to stay with their child. **Class meets twice each week for three weeks.**

Ages: 10 mos - 4 yrs **Meets:** 3 Weeks

Begins: 1/16, 2/6, 2/27, 3/20, 4/10, 5/1

Mon/Fri or Tue/Thu 9:30-11:00 am

\$27/person



Gym Reservations

Volleyball courts are available for \$10 and basketball half courts for \$8, full courts for \$16 for 55 minutes. Weekly reservations are taken beginning each Wednesday at 9:00 am for the following week.

Basketball

Mon - Thu | 5:30 - 6:25 pm

Sat | 1:00 - 4:40 pm

Tue/Thu* | 6:00 - 7:50 pm

Volleyball

Wed** | 6:00 - 7:50 pm

* begins week of March 27

**begins week of May 15

Weight & Fitness Equipment

Universal weight machine, Air Dyne exercise bikes, rowing machine.

Mon - Thu | 5:00 - 7:45 pm

Sat | 1:00 - 4:45 pm

Single day use is only \$1.

A \$10 12 use punchcard is available for fitness/weight facilities.

Monday - Friday
June 5 - August 11

For students who have completed
 grades 5, 6, or 7.

Middle School Day Camp 2006

**Registration
Begins
January 16**

Enjoy physical challenges, social interaction, develop skills, and participate in volunteer opportunities.

Location

Pershing School
Irving Recreation Center
Calvert Recreation Center*
Belmont Recreation Center*

* Offers additional week of daycamp
 from Aug 14 - 18. Call to register.

Theme

Outdoor Adventure
 Accept the Challenge
 Fun with Sports
 Snapshot: A Glance at Careers

Payment Information

Contact Playground Office, 1225 "F" St. 441-7952
 2010 Van Dorn, Lincoln NE 68502 441-7954
 4500 Stockwell Lincoln NE 68506 441-8480
 1234 Judson Lincoln NE 68521 441-6789

Registration Deposit:

Registration requires an \$10 per child, per week,
 non-refundable, non-applicable deposit.

Multiple Child Discount:

Base fee applies to the first child. Each additional child
 from the same family is \$5.00 off the base fee only. We
 also have a sliding Fee Rate available. Please contact
 your choice of day camp for more information.



Thanks to ALLTEL for
 providing cellular phones at
 each location for our staff's
 communication needs.

Your balance is due according to the following schedule:

Weeks 1-3 Payment due by May 12
 Weeks 4-7 Payment due by June 2
 Weeks 8-10 (11) Payment due by June 30

Weekly Base Fee:

7:00 am - 8:30 am \$13.00 per child
 8:30 am - 4:30 pm \$70.00 per child
 4:30 pm - 6:00 pm \$13.00 per child

Day Camp 2006 Registration

Participant's Name _____

Day Camp Location _____

Grade Completed _____ Birthdate _____

Street Address _____

City _____ State _____ Zip _____

Parent's Name _____

Home Phone _____ Day Phone _____

Name of Parent at Day Phone _____

Phone & name of another person to contact in case of emergency _____

\$10 per child/per week nonrefundable deposit

T-shirt Size:

____ Youth Medium ____ Adult Medium
 ____ Youth Large ____ Adult Large
 ____ Adult XLarge

Mark the weeks, times, and numbers of children attending each session.

Week	7:00-8:30	8:30-4:30	4:30-6:00
#1 June 5 - 9			
#2 June 12 - 16			
#3 June 19 - 23			
#4 June 26 - 30			
#5 July 3 - 7			
#6 July 10 - 14			
#7 July 17 - 21			
#8 July 24 - 28			
#9 July 31 - Aug 4			
#10 Aug 7 - 11			

* Week #11, Aug 14 - 18 will be held at Air Park, Belmont, Calvert; Call them to register.

Make checks payable to: Lincoln Parks and Recreation.

Return to Day Camp Location Choice.

Amount Enclosed _____

Include Deposit

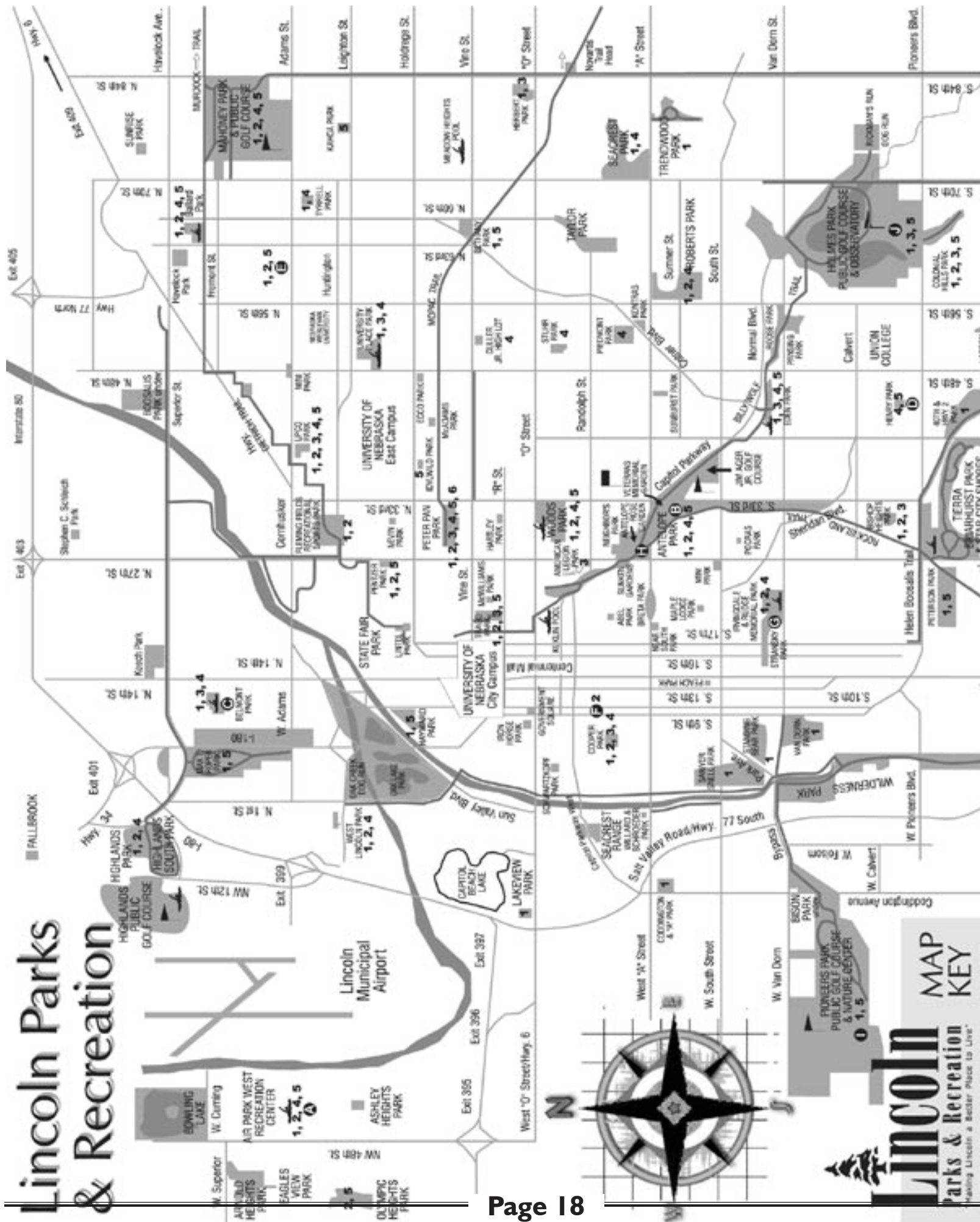
Check # _____ Rcp. # _____

Waiver and Release of All Claims: For and in consideration, the undersigned parent (s) or guardian (s) of the participant in the Recreation Day Camp Program, I/we recognize and acknowledge that there are certain risks of physical injury and I/we agree to assume the full risk of any injuries, including death, or loss which the undersigned or my minor child/ward may sustain as a result of participating in any and all activities connected with or associated with such program. I/we do hereby declare that I/we waive all claims of whatsoever kind or nature against the City of Lincoln and the Parks and Recreation Department, its officials, officers, agents, employees and volunteers from any and all claims arising from injuries, including death, damage or loss which I/we or my minor child or ward may incur or may accrue to me or my minor child or ward on account of participation in the activities of this program. I/we further agree to indemnify and hold harmless and defend the City of Lincoln and the Parks and Recreation Department, its officials, officers, agents, employees and volunteers from any and all claims resulting from injuries, including death, damages and losses sustained by the undersigned or my minor child or ward or arising out of this program. I/we have read and understand the above Waiver and Release of All Claims and understand the effect of the relinquishment.

Name _____ Relationship _____ Date _____

Name _____ Relationship _____ Date _____

Lincoln Parks & Recreation



Community Learning Centers

(Grades K - 5)

Location: Everett Elementary School

Programs	Times	Fee
K-Wrap:	12:30 - 2:53 pm	\$80
After School:	2:53 - 6:00 pm	\$85
Both K-Wrap & After School:	12:30 - 6:00 pm	\$130

Location: Pershing Elementary School - FULL

Location: McPhee Elementary School

Before School	7:00 - 9:00 am	\$80
After School	3:38 - 6:00 pm	\$85

Call 441-7952 for fee and registration information.

Location: Air Park West Recreation Center

Before School	7:00 - 9:00 am	\$72
After School	3:38 - 5:30 pm	\$78

Call 441-7876 for fee and registration information.

Session Dates:

Session 5	Jan 5 - 30
Session 6	Feb 2 - 27
Session 7	Mar 1 - Apr 2
Session 8	Apr 5 - 30
Session 9	May 3 - Jun 4

Before and After School Recreation (Grades K - 5)

This program is offered every day school is in session for grades Kindergarten through 5th.

Are you looking for a safe, affordable and FUN place for your child before and/or after school? Does your child need care, but not "daycare"? We've got the perfect solution for working parents. We provide supervised, age appropriate activities right at your own school. It's a recreation program that includes a wide variety of games, sports, crafts, nature, movies, special events, stories, songs, and more. Activities are supervised by our "trained to have fun" staff, with a staff/child ratio of 1-15 or lower.

Openings are available at the following schools:

Location: Huntington or Norwood Park Elementary

Before School	6:45 or 7:15 am
	\$73/Base Fee/Mo.

Location: Huntington or Norwood Park, Beattie, Fredstrom, Hill Elementary, or Easterday Rec. Center

After School	School dismissal until 5:30 pm
	\$78/Base Fee/Mo.

A Sliding Fee Rate (Consideration based on income and size of household) or Multiple Child Discount is available.

Please Note: program is approved to accept Title XX.

Registration forms and Sliding Fee forms are available at the main Parks and Recreation Office, 2740 A Street, and all City Centers, and the Recreation Office at 2010 Van Dorn Street.

Call 441-7952 for fee and registration information.

Session Dates:

Session 5	Jan 5 - 30
Session 6	Feb 2 - 27
Session 7	Mar 1 - Apr 2
Session 8	Apr 5 - 30
Session 9	May 3 - Jun 4

Supervised Play & Day Camps

See Pages 17 - 22 for Day Camp Information.



Kids Day Off

For days when public schools are not in session.

This is a supervised play day for when kids are not in school during the school year. Activities include: games, crafts, field trips, and more. Children should bring a sack lunch and drink. Also pack tennis shoes. An afternoon snack is provided. Programs are held at Air Park West,

Belmont, Calvert, "F" Street, and Irving Recreation Centers. Program activities vary from Center to Center. Registration deposit is required. *Discounts available.*

For more information call the Center of your choice:

Call 441-6789 for Belmont; 441-8480 for Calvert; or 441-7954 for Irving Center.

Summer Playgrounds

The Lincoln Parks and Recreation Department will again be offering summer playgrounds for Summer 2006. There will be several locations offering sessions in the morning, 9 AM - Noon.



This program is open for children who are completing K - 5th grades. The program will run from June 5 through August 4.

The staff will plan and lead a diverse array of activities to provide a fun atmosphere, as well as developing participants' sportsmanship, teamwork, confidence, and social skills. Activities will include games, sports, crafts, stories, songs, field trips, and much, much more.

Registration will begin in April. Please watch for more information in the Lincoln Public Schools, *Free Times*, in March, April, and May.

Call 441-7952 for more information. (Playground Office)



REFUNDS

Reservation fee for Day Camp is non-refundable. Requests for refunds are subject to a \$10.00 service charge and must be made prior to the session due date for Day Camp.

Register for only the weeks
and times you want!

Weekly fee includes all
activities & daily snack.

Language Immersion Day Camp 2006

June 7 - August 11
Monday - Friday

Registration Begins
January 16



Language Immersion summer day camp is for children in grades K-5. This camp will provide an opportunity to learn the Spanish language in a fun day camp setting. All activities, games, arts and crafts will be planned and spoken in Spanish. Students join in fun field trips, swimming, and more. Registration is limited.

Camp Location:

Arts & Humanities Building
643 S. 25th Street

Multiple Child Discount:

Base fee applies to the first child. Each additional child from the same family is \$5.00 off the base fee only. We also have a sliding Fee Rate available. Please contact your choice of day camp location.

Your balance is due according to the following schedule:

*Weeks 1-3 Payment due by May 12
Weeks 4-7 Payment due by June 2
Weeks 8-10 Payment due by June 30
*Week (1) Will be Pro-rated at \$50.00

Weekly Base Fee:

7:00 am - 8:30 am \$13.00 per child
8:30 am - 4:30 pm \$85.00 per child
4:30 pm - 6:00 pm \$13.00 per child

Send registration and payment to:

Playground Office
1225 "F" Street
Lincoln NE 68502
441-7952



Activity Fee Deposit:

Registration requires an \$10 per child, per week, non-refundable, non-applicable activity fee deposit. Registration is limited. Deposit is required for all families. Registration confirmation, program information, total fee due, and payment schedule will be mailed after processing.



The power to simplify

Thanks to ALLTEL for providing cellular phones at
each location for our staff's communication needs.

Language Immersion Day Camp 2006 Registration

Participant's Name

Day Camp Location

Grade Completed Birthdate

Street Address

City State Zip

Parent's Name

Home Phone Day Phone

Name of Parent at Day Phone

Phone & name of another person to contact in case of emergency

\$10 per child/per week nonrefundable deposit

T-shirt Size:

___ Youth Medium ___ Adult Medium
___ Youth Large ___ Adult Large
___ Adult XLarge

Mark the weeks, times, and numbers of children attending each session.

Week	7:00-8:30	8:30-4:30	4:30-6:00
#1 June 7 - 9			
#2 June 12 - 16			
#3 June 19 - 23			
#4 June 26 - 30			
#5 July 3 - 7 (no 4th)			
#6 July 10 - 14			
#7 July 17 - 21			
#8 July 24 - 28			
#9 July 31 - Aug 4			
#10 Aug 7 - 11			

Make checks payable to: Lincoln Parks and Recreation.

Return to Day Camp Location Choice. Amount Enclosed _____

Include Deposit

Check No. _____

Receipt No. _____

Waiver and Release of All Claims: For and in consideration, the undersigned parent (s) or guardian (s) of the participant in the Recreation Day Camp Program, I/we recognize and acknowledge that there are certain risks of physical injury and I/we agree to assume the full risk of any injuries, including death, or loss which the undersigned or my minor child/ward may sustain as a result of participating in any and all activities connected with or associated with such program. I/we do hereby declare that I/we waive all claims of whatsoever kind or nature against the City of Lincoln and the Parks and Recreation Department, its officials, officers, agents, employees and volunteers from any and all claims arising from injuries, including death, damage or loss which I/we or my minor child or ward may incur or may accrue to me or my minor child or ward on account of participation in the activities of this program.. I/we further agree to indemnify and hold harmless and defend the City of Lincoln and the Parks and Recreation Department, its officials, officers, agents, employees and volunteers from any and all claims resulting from injuries, including death, damages and losses sustained by the undersigned or my minor child or ward or arising out of this program. I/we have read and understand the above Waiver and Release of All Claims and understand the effect of the relinquishment.

Name	Relationship	Date
Name	Relationship	Date

Register for only
the weeks and
times you want!

Lincoln Parks and Recreation

June 5 - August 11

Monday - Friday

Weekly fee includes
all activities and a
daily snack.

Elementary School Day Camp 2006

Registration Begins
January 16

Develop sportsmanship, teamwork, and confidence through games, sports, crafts, and field trips!

Registration is limited. Waiting lists will be maintained.

Camps Available	Theme	Payment Information	Phone
K - 5 at Air Park Rec.*	Camp Kids	3720 NW 46th Street, Lincoln, NE 68524	441-7876
K - 4 at Belmont Rec.*	Lifting Up Literacy	1234 Judson Street, Lincoln, NE 68521	441-6789
K - 4 at Calvert Rec. *	Around the World in 10 Weeks	4500 Stockwell Avenue, Lincoln, NE 68506	441-8480
K - 4 at Irving Rec.	Camp Character	2010 Van Dorn, Lincoln, NE 68502	441-7954
K - 4 at Bethany Park	Globe Trotters	Contact the Playground Office	441-7952
K - 4 at Hill School	Time Travelers	Contact the Playground Office	441-7952
K - 4 at Pershing School	Outdoor Adventure	Contact the Playground Office	441-7952

* Offers additional week of daycamp
from Aug 14 - 18. Call to register.

Multiple Child Discount:

Base fee applies to the first child. Each additional child from the same family is \$5.00 off the base fee only. We also have a sliding Fee Rate available. Please contact your choice of day camp location.



Thanks to ALLTEL for
providing cellular phones at
each location for our staff's
communication needs.

The power to simplify

Registration Deposit:

Registration requires an \$10 per child, per week, non-refundable, non-applicable deposit. Registration is limited. Deposit is required for all families. Registration confirmation, program information, total fee due, and payment schedule will be mailed after processing.

Your balance is due according to the following schedule:

Weeks 1-3 Payment due by May 12
Weeks 4-7 Payment due by June 2
Weeks 8-10 (11) Payment due by June 30

Weekly Base Fee:

7:00 am - 8:30 am \$13.00 per child
8:30 am - 4:30 pm \$70.00 per child
4:30 pm - 6:00 pm \$13.00 per child

Day Camp 2006 Registration

Participant's Name

Day Camp Location

Grade Completed

Birthdate

Street Address

City

State

Zip

Parent's Name

Home Phone

Day Phone

Name of Parent at Day Phone

Phone & name of another person to contact in case of emergency

Mark the weeks, times, and numbers of children attending each session.

Week	7:00-8:30	8:30-4:30	4:30-6:00
#1 June 5 - 9			
#2 June 12 - 16			
#3 June 19 - 23			
#4 June 26 - 30			
#5 July 3 - 7			
#6 July 10 - 14			
#7 July 17 - 21			
#8 July 24 - 28			
#9 July 31 - Aug 4			
#10 Aug 7 - 11			

* Week #11, Aug 14 - 18 will be held at Air Park, Belmont, Calvert; Call them to register.

Make checks payable to: Lincoln Parks and Recreation.

Return to Day Camp Location Choice.

Amount Enclosed

Include Deposit

Check # _____ Rcp. # _____

Waiver and Release of All Claims: For and in consideration, the undersigned parent (s) or guardian (s) of the participant in the Recreation Day Camp Program, I/we recognize and acknowledge that there are certain risks of physical injury and I/we agree to assume the full risk of any injuries, including death, or loss which the undersigned or my minor child/ward may sustain as a result of participating in any and all activities connected with or associated with such program. I/we do hereby declare that I/we waive all claims of whatsoever kind or nature against the City of Lincoln and the Parks and Recreation Department, its officials, officers, agents, employees and volunteers from any and all claims arising from injuries, including death, damage or loss which I/we or my minor child or ward may incur or may accrue to me or my minor child or ward on account of participation in the activities of this program.. I/we further agree to indemnify and hold harmless and defend the City of Lincoln and the Parks and Recreation Department, its officials, officers, agents, employees and volunteers from any and all claims resulting from injuries, including death, damages and losses sustained by the undersigned or my minor child or ward or arising out of this program. I/we have read and understand the above Waiver and Release of All Claims and understand the effect of the relinquishment.

Name	Relationship	Date
Name	Relationship	Date

\$10 per child/per week nonrefundable deposit

T-shirt Size:

___ Youth Medium ___ Adult Medium
___ Youth Large ___ Adult Large
___ Adult XLarge

IT'S A WORLD FULL OF POSSIBILITIES

LINCOLN PARKS AND RECREATION
THEMED SUMMER DAY CAMPS

MID-LEVEL BASED CAMPS

Fun With Sports - Calvert Rec. (5 - 7) Call 441-8480

Accept the Challenge - Irving Rec. (5 - 7) Call 441-7954

Outdoor Adventures - Pershing Elem. (5 - 7) Call 441-7952

Park Teen Center Summer Memberships - Park School (5 - 7) Call 441-9471

Snapshot: A Glance at Careers - Belmont Rec. (5 - 7) Call 441-6789

ELEMENTARY BASED CAMPS

Camp Kids - Air Park West (K - 5) Call 441-7876

P.L.A.Y. Camp - "F" Street Com. Center (K - 5) Call 441-7951

Language Immersion Camp - See Page 21 (K - 5) Call 441-7952

Around the World in 10 Weeks - Calvert Rec. (K - 4) Call 441-8480

Outdoor Adventures - Pershing Elem. (K - 4) Call 441-7952

Time Travelers - Hill Elem. (K - 4) Call 441-7952

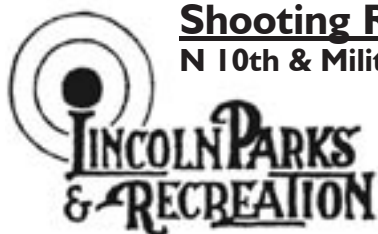
Globe Trotters - Bethany Park (K - 4) Call 441-7952

Lifting up Literacy - Belmont Rec. (K - 4) Call 441-6789

Camp Character - Irving Rec. (K - 4) Call 441-7954



~EXPLORE
~DISCOVER
~DREAM



Shooting Range

N 10th & Military Avenue 441-6789

lincoln.ne.gov

Keyword: Shooting

OPEN SHOOTING

Rifle/Pistol

Pre-registration not required. Targets provided.

Ages: 18 & Older **Open:** January 18 - May 3
Wed 6:00-9:00 pm \$4/45 min./person
.22 Rifle/Pistol, 38 cal., 9mm Pistol Rental \$3/45 min./person

Air Guns

Pre-registration not required. Targets provided. Children must be supervised by a parent/adult.

Ages: 14 & Older **Open:** January 8 - April 16
Sun 1:00-3:00 pm \$4/45 min./person

Gun Rental Rates

Pellets and BBs will be provided at no charge for rental guns.

Precision Air Rifles \$3/45 min./person
Air Pistol/Air Rifle (Daisy 977) \$4/45 min./person
BB Gun \$2/45 min./person

Group Shooting (BB, Pellet Guns, or .22 Rifles)

Group shooting is available upon request. (Scout, Church, Youth Groups) We will work around your schedule. Call to schedule.

Ages: 8 - 15 **BB Gun** \$30/2 hr./per group
11 - 16 **Pellet Gun** \$30/2 hr./per group
12 & Older **.22 Rifle** \$30/2 hr./per group

ADULTS

Gun Handling for Women

Basic techniques of safe gun handling and shooting are taught.

Ages: 18 & Older **Meets:** 3 wks
1/12 Thu 7:00-9:00 pm \$15/person

Cowboy Action Shooting

Class will cover guns, rigs, period correct clothing & accouterments used in SASS and ENCOWS events.

NOTE: This is not a quick draw class!

Ages: 18 & Older **Meets:** 5 wks
2/2 Thu 7:00-9:00 pm \$25/person

Basic Pistol Marksmanship

Participants will learn safe handling of pistols and proper shooting techniques. Equipment provided.

Ages: 18 & Older **Meets:** 5 wks
3/16 Thu 7:00-9:00 pm *\$25/person

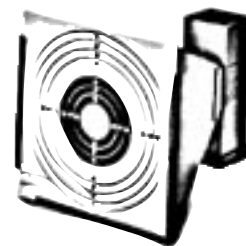
*an extra \$5 will be charged for a student manual

BB Gun Tournaments

January 27 & 28

April 21 - 22

November 3 - 4



1st time prone shooters matched against other beginners. Youth/Adult partner matches require 20 shots per person with same gun. Age groups determined according to age on January 1, 2006. Provide your own coach.

A limited number of guns are available upon request.

Pre-registration required. Competitors are given choices of shooting times available.

Friday, Jan 27:
4:00 - 7:30 pm

Saturday, Jan 28:
8:00 am - 3:00 pm

\$6 per individual
or \$8 per partner

YOUTH

Introduction to BB Gun

Introduction to gun handling, gun safety and target shooting. Equipment provided. Max. 10 shooters.

Ages: 14 & Younger

Meets: 1 day

3/4

Sat 10:00 11:30 am

\$30/person

BB Gun Basics

This class teaches the basic techniques of safe gun handling and shooting. Equipment provided.

Ages: 8 - 15 yrs **Meets:** 7 wks

1/23 Mon 4:30-6:00 pm \$20/person

3/20 Mon 6:00-7:30 pm \$20/person

BB Gun Intermediate/Advanced

For those who have taken previous BB Gun or Pellet Gun classes. Participants will learn new shooting positions. Equipment provided.

Ages: 8 - 15 yrs **Meets:** 7 wks

1/23 Mon 6:00-7:30 pm \$20/person

3/20 Mon 4:30-6:00 pm \$20/person



YOUTH SPORTS

Coed Volleyball

Instructional Program: The Instructional Program on Saturday mornings for grades 2 - 3 focuses on skill development, practice, and scrimmage games.

Recreation League: For grades 3 - 8. Practices are once per week with games played on Saturday mornings.

Register By: 1/18

Registration forms available at the Athletics Office at 233 S. 23 Street, City Recreation Centers, Parks Administration Office at 2740 A Street, and on-line.

Fees:

First Child \$40

Additional Child/Same Family \$35

Fee covers 7 week season, and program T-shirt and post-season party, scheduled for April 8. Games played Saturday mornings beginning on 2/18 at Belmont and Calvert Rec. Centers.

Adult referees, adult supervision.

Our
12th Year!

Coed Roller Hockey

This is for ages 8-16. Ages determined as of 4/13/06. Age divisions: 8-10, 11-13, 14-16.

Practices are once per week with

games played on Thursday evenings.

We play with skaters and goalies.

Register By: 3/13

Fees:

First Child \$40

Additional Child/Same Family \$35

Fee covers a 6 week season and a program T-shirt. Games played Thursday evenings at Irvingdale Park beginning April 13.

Adult referees, adult supervision.

Indoor Soccer (futsal)

A unique 5-a-side international indoor game that is sweeping the nation and played on basketball courts.

Recreation League: For grades 2 - 8. Practices are once per week with games played on Tuesday evenings.

Register By: 1/18

Registration forms are available at the Athletics Office at 233 S. 23 Street, City Recreation Centers, Parks Administration Office at 2740 A Street, and on-line.

Fees:

First Child \$40

Additional Child/Same Family \$35

Fee covers a 6 week season, program T-shirt and a post-season party, scheduled for April 4. Games are played Tuesday evenings beginning 2/21 at Air Park West Recreation Center.

Adult referees, adult supervision.

Hershey Youth Track & Field Meet

Ages: 9 - 14

Register By: 4/26

Fees: FREE

Meet is scheduled for April 29, 2006.

Events Include:

50, 100, 200, 40, 800, 1600 Meter Runs;
Softball Throw, and Standing Long Jump.

Pepsi Major League Baseball Pitch, Hit & Run Competition

Saturday, May 6

Girls and Boys Ages: 7 - 14 yr FREE

Location: Lewis Sports Complex
233 S. 23 Street

Presented in cooperation with Lincoln Jaycees. Pre-registration is recommended although "day of" entries will be allowed. Entry forms are available in April at all City Recreation Centers. **SEE SIDEBAR AD >**

NEW!

Jr. Olympic Skills



Competition

**Presented by Kellogg's
Frosted Flakes**

Saturday, April 8

Boys & Girls Ages: 8 - 13

Fees: FREE

Location: "F" Street Recreation Center
1225 "F" Street

Every youngster has the opportunity to showcase their athletic skills in four sports; basketball shooting, soccer shooting, tennis ball hitting and track & field, and can advance through three levels of competition; local, regional and National Finals at the U.S. Olympic Training Center in Colorado Springs.

Pre-registration is recommended although "day-of" entries will be allowed. Registration forms are available in March at the Athletics Office at 233 S. 23 Street, City Recreation Centers, Parks Administration Office at 2740 A Street and on-line.



PITCH, HIT & RUN COMPETITION

Participate in a
fun baseball skills
competition!

Showcase your pitching,
hitting, and running
abilities. and advance
through four levels of
competition.

Level 1:

This Local Meet

Level 2:

Nebraska Sectionals

Level 3:

Team Championships at
Colorado Rockies

Level 4:

National Finals
at a MLB All-Star Game
in Pittsburgh

SEE YOUTH SPORTS FOR
MORE INFORMATION
OR CALL 441-7892

Contact Us:

Parks & Recreation Athletics Office

Address: 233 S. 23 Street, Lincoln NE 68510

Phone: 441-7892

Hours: 8:30 am - 5:00 pm

Email: Youth Sports: jjacox@lincoln.ne.gov

tlange@lincoln.ne.gov

(adult - basketball, softball, dodgeball & Hershey Track)

kstiles@lincoln.ne.gov

(adult - volleyball, field reservations)

Website: lincoln.ne.gov keyword: sports

YOUTH SPORTS



NEW!

Jr. Olympic Skills Competition

Presented by Kellogg's Frosted Flakes

Saturday, April 8

Boys & Girls Ages: 8 - 13

Fees: FREE

**Location: 1225 "F" Street
"F" Street Rec. Center**

Every youngster has the opportunity to showcase their athletic skills in four sports; basketball shooting, soccer shooting, tennis ball hitting and track & field, and can advance through three levels of competition; local, regional and National Finals at the U.S. Olympic Training Center in Colorado Springs.

FOR MORE INFO.

SEE PAGE 25



Hershey Youth Track & Field Meet

Ages: 9 - 14

Register By: 4/26

Fees: FREE

Meet scheduled for April 29, 2006.

Events Include:

50, 100, 200, 400, 800, 1600

Meter Runs;

Softball Throw, and Standing

Long Jump.

FOR INFO.

CALL 441-7892

ADULT SPORTS

Softball

Lincoln Parks and Recreation offers Adult Softball Leagues for Men's, Women's, Church Men's, Coed, Church Coed, and Youth Church Coed teams.

Ages: 18 & Older Register By: 3/16

Registration: 8:30 am - 4:45 pm

at Athletics Office, 233 S 23 Street

2005 Returning Teams: 3/12 - 14

New Teams: 3/15 - 3/18

Fees:

Men's, Women's & Church Men's

Slow Pitch (Week nights) \$360.00

Men's (Friday & Saturday) \$340.00

Women's Fast Pitch \$360.00

Competitive Coed \$275.00

Men's Extended \$475.00

Church Coed \$275.00

Recreational Coed \$245.00

Youth Church Coed \$235.00

Team Fees include \$75 CIP for adult teams and \$40 for youth teams. League play begins on April 24.

Winter Coed Volleyball

Games are played on Sunday evenings at Calvert or Irving Recreation Centers, with the first game starting at 5:15 pm.

Ages: 18 & Older Register By: 1/6

Registration: 8:30 am - 4:45 pm

at Athletics Office, 233 S 23 Street

2005 Returning Teams: 1/4

New Teams: 1/5 - 1/6

Fees: \$225/Team

Eight game regular season with a single elimination tournament. Play begins on January 29, 2006

3 on 3 Basketball

Games are played on Monday and Wednesday evenings at Irving Recreation Center with the first game starting at 6:30 pm.

Ages: 18 & Older Register By: 2/24

Registration: 8:30 am - 4:45 pm at Athletics Office

All Teams: 2/21 - 2/24

Fees: \$100/Team

Teams are guaranteed 12 games. Play begins on March 20, 2006

Refunds for Adult Teams

Requests for refunds one week or more prior to the first scheduled game are subject to a \$15.00 service charge. Requests received prior to the second scheduled game are subject to a \$30.00 service charge. Refunds will not be granted after the second scheduled game.

"TREE" MENDOUS!!!

MAKE LINCOLN



**PLANT TREES
DURING
ARBOR WEEK
APRIL 24 - 28,
2006**



TREE CITY USA



Lincoln.ne.gov Keyword: Trees



- Pristine Course Conditions
 - Available Tee Times
 - Scenic Views
- Banquet Facilities
- Tournaments
- Lessons & Fittings
- P.G.A. Professionals
- Family Atmosphere
- Affordable Rates



Northwest Lincoln
Highlands Golf Course

5501 NW 12th Street 441-6081
 72 Par on 240 Acres, Course Length 7,095 yards

Northeast Lincoln
Mahoney Golf Course

7900 Adams Street 441-8969
 70 Par on 155 Acres, Course Length 6,459 yards

Southwest Lincoln
Pioneers Park Golf Course

3403 West Van Dorn Avenue 441-8966
 71 Par on 190 Acres, Course Length 6,478 yards

Southeast Lincoln
Holmes Golf Course

3701 S 70th Street 441-8960
 72 Par on 200 Acres, Course Length 6,805 yards

Hours:

April 1 - September 30

Mon-Fri: 7:00 am - Sunset

Sat, Sun, Holidays: Sunrise to Sunset

October 1 - March 31

Everyday: 8:00 am - Sunset

Central Lincoln
Jim Ager Memorial Jr. Golf Course

3761 Normal Boulevard 441-8963
 27 Par on 22 Acres, Course Length 1,181 yards

Hours:

March 1 - November 30

Mon-Fri: 7:00 am - Sunset

Sat, Sun, & Holidays: Sunrise to Sunset

Visit us online at: lincoln.ne.gov

Keyword: golf

KNOWN SIDE EFFECTS: FUN, FITNESS & FRIENDS.



OFFERING TENNIS TO EVERY MEMBER OF YOUR FAMILY

YOUTH LESSONS & LEAGUES
 H.S. LESSON & LEAGUES
 ADULT LESSONS & LEAGUES
 SENIOR LEAGUES



OFFICIAL SITE



FOR MORE
 INFORMATION, CALL...

WOODS TENNIS CENTER

401 S 33RD ST (68510)
 441-7095

WWW.LINCOLNTENNIS.COM

AQUATICS & POOLS

Phone: 441-7960

Email: hlewis@lincoln.ne.gov

Hours: Mon - Fri, 8:00 - 4:30 pm

Swimming & Diving League

Neighborhood based teams, great exercise and skill building are just some of the benefits. Participants must have minimal swim/dive skills. This is not a replacement for swimming lessons. Swim Teams at most public pool locations. Dive Teams available at some pools.

AGES: 6 - 18 yrs

REGISTRATION:

Mail in registration begins Monday, April 4. Registration forms are available from the Parks and Recreation Administration Office, any City Recreation Center, and on-line at lincoln.ne.gov Keyword: pools. All pre-season registrations are handled at the Aquatics Office, 1225 F Street, upstairs.

REGISTRATION FEES:

If received before May 26:

- \$44.00 for swim or dive team registration
- \$39.00 second (and each additional) child in either swim or dive
- \$15.00 per child to add the second program

Save by registering early, registration fees increase by \$5.00 after May 26. Registration will continue through June 19 or until team is full.

PRACTICES:

Parent Orientation scheduled for June 11, 2:00 pm at University Place Pool or June 14, 7:00 pm at Eden Pool.

Swim Teams

Monday - Friday, June 5-July 21.

A.M. practice times vary from pool to pool.

Dive Teams:

Monday - Friday, June 5-July 21.

Practices in the A.M. or early evening.

MEETS:

Swim Meets:

- Saturday mornings: June 17, 24, July 1, 8
- All-City Swim Meet will end the season on Saturday, July 22.

Dive Meets:

- Thursday evenings: June 15, 22, 29 and July 6.
- End of Season All-City Dive Meet, Thursday, July 20.

Municipal Pool Season Passes

- Season Passes may be purchased at the Aquatics Office (upstairs, "F" Street Community Center, 1225 "F" Street; 8:00 a.m. - 4:30 p.m., Mon-Fri).
- No discounts or reduced fees available on Season Passes.
- Season Pass application must be filled out at time of purchase.
- Payments by cash, check, or Visa/Mastercard.
- Prices may be subject to change.
- Neighborhood Pool Season Passes honored at Highlands and UNI Pool with an additional fee of \$0.25 per visit; and at Star City Shores with additional fee of \$0.50 per visit.
- Highlands and UNI Pool Season Passes honored at Star City Shores with an additional fee of \$0.25 per visit.
- Star City Shores Season Passes honored at all other locations. No additional fee.

Pools open for the season Saturday, June 3

FAMILY SEASON PASSES*

Neighborhood	\$135.00
Highlands/University Place	\$152.00
Star City Shores	\$170.00

- Family Pass includes up to 2 adults and 4 youths (ages 3-17) in the same family, same household.
- \$10 fee for each additional youth over the first 4.

INDIVIDUAL SEASON PASS*

Ages	Neigh.	High./Uni	Star City Shores
Youth (0-2)	Free	Free	Free
Youth (3 - 17)	\$55.00	\$62.00	\$70.00
Adult (18 +)	\$80.00	\$87.00	\$95.00

Look for more Aquatics information in the next issue of City Compass coming in May 2006



Bubble, Spray, Splash & Play!
at WOODS POOL SPRAYGROUNDS



33rd & J Streets
Enter through Woods Pool

Wilderness Nature Camp

June and July 2006

Where nature rocks, sprouts and slithers

Get ready for another fun summer of exploration with five sessions of new themes and activities! Wilderness Nature Camp is designed to deepen appreciation of Lincoln's rich natural heritage through activities that are adventurous, educational, creative, and fun. Hikes, games, crafts, and magic spots fill the camp day. Each week features guest Nature Center naturalists, water games, creeking and an offsite field trip.

5 Great Weeks:

Session 1: June 12 - 16 Those Amazing Green Machines

Session 2: June 19 - 23 Winged Wonders

Session 3: June 26 - 30 It's a Bug's Life

Session 4: July 10 - 14 Rock On

Session 5: July 17 - 21 Hop, Slither, & Crawl

For ages 6 - 12

Monday-Friday, 9:00 am - 4:00 pm, extended hours available

Wilderness Park, 1st & Park Blvd.

\$125/week; register by May 1 and save \$10



A Junior Counselor program is available for youth 13 and older. Those interested should call for an application. If selected, two days of training will be provided. \$25/tuition/week.

Call 441-7895 for more information and a camp brochure.

Camper's Name _____ Grade Completed _____ Age _____ Gender _____

Parent/Guardian Name _____ Home Phone _____

Address _____ Zip Code _____ Work Phone _____

Medications _____ Parent Cell Phone _____

Allergies, if any? _____ To what _____

Family Physician _____ Physician's Phone _____

Special needs or other information the staff should know about the child _____

Emergency Contact Name _____ Phone _____

(Other than parent or guardian)

Select Shirt Size: (circle one) Youth M (10-12) Youth L/Adult S Adult M Adult L Adult XL

Please check the appropriate session for your camper's registration: (Early registration fee \$115, Regular registration fee \$125)

June 12-16: Those Amazing Green Machines _____ June 19-23: Winged Wonders _____ June 26-30: It's a Bug's Life _____

July 10-14: Rock On _____ July 17-21: Hop, Slither, Crawl _____

Optional: Extended Hours: AM (\$15/Week) _____ PM (\$15/week) _____ BOTH AM and PM (\$25/week) _____

A \$25.00 NON-REFUNDABLE DEPOSIT IS REQUIRED WITH YOUR REGISTRATION

Amount Enclosed: _____ Remaining fees are required by the Monday before the first day of the camp session.

Check _____ (made payable to Lincoln Parks & Recreation) Credit Card: Visa _____ MC _____ Number _____ Expires _____

Signature of Parent/Guardian _____ Date _____

Pioneers Park Nature Center



Pioneers Park Nature Center includes 668 acres of prairie, wetlands, and woodlands and more than eight miles of hiking trails. Two interpretive buildings have small animal and hands-on exhibits. Outdoor animal exhibits include bison, elk, and deer herds, and non-releasable raptors. Electric carts are available for the use of those who experience difficulty walking.

Our Gift Shop

The Pioneers Park Nature Center Gift Shop carries a variety of nature-themed resource materials, T-shirts, children's books, puppets, and other items. The Gift Shop is located in the Prairie Building.

Rent the Malinovskis Auditorium

Rent the Malinovskis Auditorium for overnight nature programs or as a meeting room. Call 441-7895.

School Programs

Under the guidance of experienced staff, students develop awareness, appreciation, and curiosity about nature. On-site programs are available free of charge to all Lincoln schools but must be booked at least two weeks in advance.

Community Outreach Programs

Interactive nature programs on a variety of topics can be presented to adults and/or children in almost any setting. Fees are \$35 per program, plus mileage, and are limited to the Lincoln area.

JOIN! Friends of Pioneers Park Nature Center

Become a member and help support the development and operation of the Nature Center! Benefits include a quarterly newsletter, special programming, 10% off Nature Center Gift Shop items, and free admission to reciprocating Nature Centers.

WILDERNESS PARK

A place for reflection, contemplation and recreation



Wilderness Park is a 1475 acre linear park running along the western edge of Lincoln. This long, narrow conservancy area offers visitors the chance to catch a glimpse of nature while enjoying the 22 miles of hiking, biking and equestrian trails. Salt Creek runs the entire length of the park that was established in the early 1970's to store flood waters. The park offers woodlands, prairie, old fields, and wetlands that provide opportunities for the public to catch glimpses of the plants and animals common to these areas. Stands of bur oak and black walnut are abundant. Catching a glimpse of a great blue heron, snapping turtle, wood duck, raccoon, woodpecker, black-capped chickadee or any of the many other species of wildlife is quite common. Come and enjoy this park year-round. Open sunrise to sunset.

Several management projects will be taking place in Wilderness Park this winter. Scrub trees will be removed from stands of bur oak in areas north and south of Pioneer Blvd. The removal of these scrub trees will open up the canopy allowing younger bur oaks to grow. In addition, scrub trees will be removed from the prairie area south of Pioneer Blvd. so it receives maximum sunlight which is necessary for native grasses and wildflowers.

EVERYONE

Free Guided Hikes

Join a naturalist guide for a free walk focusing on seasonal topics. No reservations necessary. Groups of eight or more are asked to call in advance. Hikes are held if 5 or more people are interested.

Saturdays & Sundays January

7-8 Insects in Winter
14-15 Mammals in Winter
21-22 Plants in Winter
28-29 Hibernation Investigation

March

4-5 Migration Mysteries
11-12 A Bit of Green
18-19 Wetlands Alive!
25-26 Discover Fleming Woods

May

6-7 Nests & Songs

Full Moon Ramble

We'll walk in the moonlight, listen for nocturnal animals, tell stories, sing songs, drink lunar juice (hot cocoa) and eat moon pies.

Ages: All

1/14 Sat

\$6/person

2:00 pm Chet Ager Bldg. February

4-5 Winter Woods Walk
11-12 Tracks and Traces
18-19 Antlers & Horns
25-26 Nature Center Raptors

April

1-2 Nature's Surprises
8-9 Prairie Fire
15-16 Buds & Blossoms
22-23 Earth Day Every Day
29-30 Fabulous Fungi

Deadline: 1/11

6:30-8:00 pm

Prairie Bldg.

Bird Feeder Watch

Watch for visitors to our bird garden feeders, sip hot cocoa, discuss bird behavior, identification, and birdfeeding. No reservations needed for this drop-in program.

Ages: All

1/21, 2/18 Sat

\$ FREE

1:00-4:00 pm

Chet Ager Bldg.

Orion & Friends

Join us for a brisk walk to view winter stars and share stories from various cultures. Evening ends with hot cocoa.

Ages: 6 & Older

2/3 Fri

\$6/person

Deadline: 2/1

7:30-8:30 pm

Prairie Bldg.

Geology Day

Learn about fossils, minerals, rocks, and gemstones through displays and demonstrations by members of the Lincoln Gem and Mineral Club. They also help identify your own specimens during this free drop-in program.

Ages: All

2/12 Sun

\$ FREE

1:00-4:00 pm

Prairie Bldg.

Primitive Pine Needle Baskets

Learn how to make coil baskets. Each person will begin a pine needle basket to finish at home.

Ages: 14 & Older

2/18 Sat

\$8/person

Deadline: 2/15

9:00 am-Noon

Prairie Bldg.

Reptile Care 101

Are you thinking of getting a snake or turtle as a pet? This class will introduce you to the basics of reptile care.

Ages: All

3/5

\$6/person

Sun

Deadline: 3/2

1:30-3:00 pm

Prairie Bldg.

Tracking the Wild

Learn walking techniques and animal stalking skills as done by indigenous culture for centuries. IMPORTANT! Please dress in clothes that you can get dirty.

Ages: All

3/18

\$6/person

Sat

Deadline: 3/15

2:00-4:00 pm

Chet Ager Bldg.

Primitive Mat Making

Indigenous people have been making cattail mats for thousands of years. As a group project we will make two mats that members of the class will be able to take home.

Ages: All

4/8

\$6/person

Sat

Deadline: 4/5

2:00-4:00 pm

Prairie Bldg.

Keep Wilderness Beautiful

You can make a difference! Pitch in and help out with these service projects for our community! Sign up for one of three different tasks:

Children, troops, or dens under 13 years old:

pick up litter along park trails

Youth, troops, or dens 13 and over:

improve habitat by removing cedar trees

Adults: pick up litter along park road

Free pizza and pop will be provided for those who pre-register before April 12.

Ages: All

4/15

\$ FREE

Sat

Deadline: 4/12

8:30am-Noon

Meet at 1st & Park Blvd
at Wilderness Park

**More classes for everyone continued
onto next page >**

A Visitors Checklist for Pioneers Park:

____ Visit Prairie Bldg.
and Chet Ager Bldg.

____ Watch bison, elk, &
other animals

____ Meet snakes &
non-releasable raptors

____ Browse gift shop

____ Walk the trails

____ Explore the wetlands

____ See great statues

____ Have picnic at park

____ Visit the duck pond

____ Take a class

____ Come again & again



Contact Us:

Pioneers Park Nature Center

Location: West End Of Pioneers Park

Phone: 402-441-7895 **Email:** nfurman@lincoln.ne.gov

Hours: Monday - Saturday 8:30 am - 5:00 pm

Sunday Noon - 5:00 pm

Mailing Address: 2740 A Street, Lincoln NE 68502

Website: lincoln.ne.gov **Keyword:** Nature

Happy Birthday!

Add Some Nature to Your Birthday!

Treat your child to a special birthday at the Nature Center. An hour nature program including a hike and indoor animal time, is followed by 45 minutes in the building for your birthday activities. We provide space and a birthday favor for each child, and you provide refreshments.

\$50 for 10 children,
\$5 ea. additional child
15 children max.

Call 441-7895 for
reservations at
least two weeks in
advance.

EVERYONE

Primitive Basket Making

Learn how to gather and prepare supplies for several types of baskets. Together the class will begin to create both a melon and sapling basket. Members of the class will take the sample projects home with supplies to finish them.

Ages: 14 & Older **Deadline:** 4/26
4/29 Sat 1:30-4:00 pm
\$8/person Prairie Bldg.

Bird Banding Demonstrations

Take this opportunity to see birds up close! Join a licensed bird bander to watch the banding process and to learn about this nation-wide research project. In case of rain or excessive heat, banding will be cancelled. No registration necessary.

Ages: All
4/29, 5/6, 5/13 Sat 9:00 am-Noon
\$ FREE Chet Ager Bldg.

Mother's Day Breakfast & Birdwalk

Treat your mother to a unique Mother's Day early morning birdwalk followed by a breakfast of rolls, fruit, and a beverage. Binoculars provided for those who do not have their own.

Ages: All **Deadline:** 5/10
5/14 Sun 8:00-10:00 am
\$8/person Prairie Bldg.

DID YOU KNOW?
Pioneers Park is listed
on the National Registry
of Historical Places!

KIDS

Critter Tales

Explore the wonderful world of nature through stories and related activities. Groups of 8 or more children are asked to pre-register.

1/2	Animal Tracks	3/6	Beaver
1/16	Birds of Prey	3/20	Pond Critters
2/6	Snow Days	4/3	Raccoons
2/20	Bats	4/17	Spring in Bud

Ages: Pre-schoolers

1st & 3rd Mondays

\$0.50/child

10:00-10:30 am

Prairie Bldg.

WINTER SURVIVAL CAMP

JANUARY 16-17

**A 2-day nature camp
for grades 1 - 5.**

**Investigate the
ways animals
and humans
survive the
cold. Build
a debris
hut and
study
animal
tracks.**



9:00 am - 4:00 pm

Extended hours available

\$50/child, \$5 early registration
discount before January 1

**Call 441-7895
For Info. & Application**

TWO BIG DAYS OF FUN!

THANK YOU

**We send out
our thanks
to these
businesses
for their
support of
Nature Center
animals for the
2005-06 Year**

LINCOLN BENEFIT LIFE
AN ALLSTATE COMPANY

**Bison Herd &
Bird Garden**



E&A CONSULTING GROUP, INC
ENGINEERS • PLANNERS • FIELD SERVICES

Blanding's Turtle



Community Blood Bank

Founded by the Lancaster County Medical Society

**Gray Phase
Screech Owl**

ADULTS

Sandhill Crane Trip

Enjoy the magnificent spring spectacle of the sandhill crane migration. The trip will include videos on the bus, stops at ponds and fields to view cranes and waterfowl, and sunset at the Fort Kearney Bridge watching the cranes coming to the river for the night. Participants should bring their own picnic supper. Call the Nature Center for more information.

Deadline: 2/17

3/20 Mon 12:30-9:30 pm
\$40/person Meet at Auld Rec. Center



Basic Bird Identification

Learn to identify area birds during the exciting spring migration period. Evening sessions cover field guides, binoculars and scopes, tips on identifying birds, habitat and migration, publications, and organizations. Saturday morning fieldtrips visit local birding hotspots (participants will carpool).

Co-sponsored by Wachiska Audubon Society.

Deadline: 4/1

Tue 4/4, 4/11, 4/18 & 4/25 7-9 pm Prairie Bldg.
Sat 4/8, 4/15, 4/22 & 4/29 8-10 am (fieldtrips)
\$40/person/8 sessions

SCOUTS

Free Hikes

One hour naturalist-led hikes offered for scouts Saturday mornings at 10 am. Call to register at least two weeks in advance. First-come, first-served.

Badgework

Nature Center programming will help your group complete a badge in one morning or afternoon. Program will rotate.

Eco-Explorer Try-It for Brownie Scouts

Habitat is where your home is. Explore Nature Center habitats and create one for little critters. Nature Center staff will help you complete activities #1, 3, 4, and 5.

Deadline: 3/22

3/25 Sat 9:30-11:30 am
\$6/scout; leaders free Chet Ager Bldg.

Your Outdoor Surroundings Badge

Explore the fun you can have in the outdoors. Nature Center staff will help you complete activities #4, 5, 6, 7, 8, and 9.

Ages: Jr. Girl Scouts **Deadline: 4/26**

4/29 Sat 9:30-Noon
\$6/scout; leaders free Prairie Bldg.

Naturalist Activity Badge

Learn to identify the poisonous plants and animals of our area, investigate bird flyways and more! Nature Center staff will help you complete activities # 3, 5, 6, and 8.

Ages: Webelos **Deadline: 5/3**

5/6 Sat 1:00-3:30 pm
\$6/scout; leaders free Prairie Bldg.

A Nature
NOTE!

CSI:
Nature
Center
CAMP

Investigate a
different nature
crime scene
every day!
See Ad on Page 30

Nature Center Preschool

Where Kids Explore

September 2006 - May 2007

Enrollment begins March 1
Tuesday/Thursday Sessions or
Wednesday/Friday Sessions

Morning Sessions: 9:00 - 11:30 am
Afternoon Sessions: 12:30-2:30 pm
Call 441-7895 for a brochure.

See Page 3 for more information.



Make it a
special day
for Mom!

Treat your mother
to A Mother's Day
Breakfast & Birdwalk
at Pioneers Park
Call 441-7895

More info on Page 32

Pioneers Park Nature Center Program Registration Form (Winter 2006)

Registration: Many Nature Center programs require advance reservations - All reservations are on a first-come, first-served basis. Telephone registrations by credit card only (charge must be at least \$10). Participants will receive confirmation of registration.

Deadline: Unless noted otherwise, registration deadline is three days prior to the start of the program.

Refunds: Refund requests must be made 72 hours prior to the program date and are subject to a \$5.00 service charge.

Cancellations: PPNC reserves the right to cancel classes due to conditions beyond its control. Participants will be notified prior to the program; they may choose to obtain a full refund or sign up for another available program.

Name(s) _____

Day Phone _____

Evening Phone _____

Address _____

E-mail Address (optional method for confirmation):

Payment: ☐ CHECK
(made payable to Lincoln Parks & Recreation)

☐ CREDIT CARD
(total must be \$10 or more)

_____ card number

_____ expiration date

_____ signature

TOTAL FEES ENCLOSED: \$ _____

Please complete form and mail with payment to:

Pioneers Park Nature Center
2740 'A' Street
Lincoln, NE 68502



CSI: Nature Center Camp

March 20 - 24
9:00 am - 4:00 pm
(extended hours available)

Campers will investigate a different nature crime scene each day, using creepy crawly clues, tracks, signs, skulls and bones to discover what happened, how and why. The young detectives will test their skills in prairies, woods & wetlands, with a field trip on Wednesday. Join in the fun!

For Ages 6 - 12!

\$125/Child
Register by March 1 and save \$10

For more information and application call 441-7895

Classes

Date	Class	Fee	# Registering
Jan 14	Full Moon Ramble	\$6/person	_____
Jan 16,17	Winter Survival Camp	\$50/child	_____
	Extended hours		
	\$3 am or pm/day, \$5 both/day		_____
Feb 3	Orion and Friends	\$6/person	_____
Feb 18	Pine Needle Baskets	\$8/person	_____
Mar 5	Reptile Care 101	\$6/person	_____
Mar 18	Tracking the Wild	\$6/person	_____
Mar 20	Sandhill Crane Trip	\$40/person	_____
Mar 25	Eco-Explorer Try-It	\$6/scout	_____
Apr 4+	Basic Bird ID	\$40/person	_____
Apr 5+	Beginning Astronomy	\$20/person	_____
Apr 8	Mat Making	\$6/person	_____
Apr 29	Your Outdoor Surroundings	\$6/scout	_____
Apr 29	Basket Making	\$8/person	_____
May 6	Naturalist for Webelos	\$6/scout	_____
May 14	Mother's Day	\$8/person	_____

_____ I would like to be on the mailing list to receive the Nature Center Newsletter!

For More Information CALL 441-7895



Veteran's Memorial Garden *at Antelope Park*

You Must Experience this Unique Lincoln Landmark!

A visit to this site in Lincoln's historic Antelope Park will take you on a walking tour of 17 Military Memorial Monuments.

The Garden is a place of solemn beauty, allowing peaceful reflection for those who want to honor America's veterans. It serves as a permanent reminder of the sacrifices they have made to preserve our Freedom. The Veteran's Memorial Garden is located within Antelope Park at Veterans & Memorial Drives and is maintained by the Lincoln Parks and Recreation Department in partnership with the Veteran's Memorial Garden Advisory Council. The Veteran's Memorial Garden Advisory Council is a group of volunteer mayoral appointed members, both veterans and non-veterans. Together these groups are committed to create a place and promote events to honor all veterans, soldiers and their families, past and present.

Come and commemorate these events with us:

Dec 7	11:55 am	Pearl Harbor Remembrance
May 28/29	TBA	Candlelight Service Sunday & Memorial Day Observance
June 10	10:00 am	Annual Garden Program & Brick Dedication

For More information about Veteran's Memorial Garden
Call (402) 441-7847 or Visit: lincoln.ne.gov Keyword: Veteran

Hyde Memorial Observatory at Holmes Park

Volunteer astronomers offer programs & assist visitors as they observe the sky through three powerful telescopes.

Open to the public each Saturday evening,
7-10 pm, January & February;
Sunset - 11:00 pm March, April, & May
FREE OF CHARGE

Other viewing times for groups, schools, or organizations of 20 or more may be arranged with two weeks notice.

Call 441-7895 M-F to make reservations.

Beginning Astronomy

Have you ever wanted to learn how to use a telescope or more about celestial objects in the night sky? In this class members of the Prairie Astronomy Club will cover topics in basic astronomy including stars, planets, constellations, galaxies, telescopes, navigating the night sky, and more. Observing sessions will use telescopes provided by the Prairie Astronomy Club. Students who have their own telescopes or binoculars are encouraged to bring them to the observing sessions for individual assistance. Class will be held from 7:00-8:30 pm, followed by the observing session. If more than one observing session is clouded out, it will be rescheduled. For questions call 441-8708.

Dates: Wednesdays, April 5, 12, 19, and 26

Time: 7:00-9:30 pm

Location: Hyde Observatory

Fee: \$20/person/4 sessions

Make checks payable to the Prairie Astronomy Club, but send them to
Pioneers Park Nature Center, 2740 A Street, Lincoln NE 68502

- The Observatory has three sophisticated telescopes for public viewing. They each provide dramatic views of celestial objects. The one most recently acquired is computer-controlled and is connected to the large screen projection system. In addition, the Observatory has recently acquired a solar telescope.

- Knowledgeable operators are available to explain special astronomical occurrences, how the equipment operates, and answer questions about the sky.

- Two different programs about astronomy, constellations, or space alternate throughout the evening whether the sky is cloudy or clear.

- Utilizing Internet access and a large screen projection system, operators are able to present the audience with the latest up-to-date images and information about astronomy and space.

- Hyde Observatory produces half of its electrical needs from a photovoltaic system (solar cells) funded by a grant from Lincoln Electric System. The public can learn about creating electricity from sunlight and witness a green energy system in operation.

- The Observatory is a member of the International Dark Sky Association, a not-for-profit organization committed to finding reasonable solutions to the growing problem of light pollution.

- For more information visit the Hyde web site at hydeobservatory.info

Call 441-7094 for current sky information.

Photo Credit: Disorder in Stephan's Quintet Jane C Charlton (Penn State)

Honor a Loved One: Support the Sunken Gardens!

Paving The Path

Honor friends or family, celebrate family events or commemorate holidays with an inscribed concrete paver in the newly renovated Sunken Gardens. Individual, family or corporation names may be inscribed on either a 5.5"x 8" (standard) or 8"x 11" (foundation) paver. Each paver is \$250 (standard) or \$750 (foundation).

Paving the Path funds will help establish an ongoing endowment for this nationally recognized treasure. Donations to this program are tax deductible as allowed by law.

For a brochure or more information, please stop by the Lincoln Parks & Recreation Office at 2740 A Street or call (402) 441-8252. Additional order forms are available at: www.lincoln.ne.gov Keyword: sunken

Sunken Gardens

DONOR INFORMATION:

NAME _____

ADDRESS _____

CITY _____

STATE _____ ZIP _____

EMAIL _____

PHONE _____ DATE _____

I wish to order

_____ Standard Brick at \$250

_____ Foundation Brick at \$750

Please use one form per order.

_____ Check enclosed _____ Check number

_____ Money order enclosed

Please send your check or money order made payable to the Lincoln Parks and Recreation Foundation to:

Paving the Path
c/o Lincoln Parks and Recreation Foundation
2740 "A" Street, Box 201
Lincoln, NE 68502-3113

There are two lines for each brick with sixteen characters per line.

NOTE: Punctuation and spaces count as characters.

LINE #1

--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

LINE #2

--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--



Administration Offices
2740 A Street
Lincoln NE 68502

ECRWSS
POSTAL CUSTOMER

PRESORTED STANDARD
ECRWSS
US POSTAGE PAID
LINCOLN NE
PERMIT NO. 135